PSYCHIC LIFE

Vol. 5 No. 3 $1.50

HALLEY'S COMET: Predictions

MULTIPLE PERSONALITIES

Free Reading Inside
Prizes for Reader Survey

VOICES OF SPIRIT IN RELIGION

advertisement

What happens at the Berkeley Psychic Institute?

From the graduation address
given by Rev. Kay Soucy on her graduation
from the Missionary Teachers Program
of the Berkeley Psychic Institute
Church of Divine Man

When I was asked to speak today I was first puzzled by what a valedictorian says in two pages typed double spaced. Well it was a tough task for all of us. I remembered that the Berkeley Psychic Institute does not have any books and that we are its books. With that in mind I would like to share with you my brief chapter.

I was raised Catholic and knew that I was psychic. Not an acceptable combination in Mars. Mars, Pennsylvania that is. I remember at 10 years of age making a conscious decision not to know, not to see and not to even think about anything spiritual. All this because what I knew and what I was being taught did not match. Someone was lying.

Well the whole idea was ridiculous. I could ignore neither, so I invalidated what I knew and as a result got very programmed by Catholicism (simply because I was not owning my own abilities and my own information). In fact I just barely missed the doors to the convent. It still makes me shudder to think of it.

As I entered college and found some physical separation from my family I was able to allow myself to be curious about my abilities. Living in New England at that time I had a great time ghost hunting, a proud heritage in New England if your house had a ghost. I limited myself to that since other areas of psychic abilities were still considered witchcraft. Every church that I went into I felt punished. I came very close to atheism.

Time passed. I married. We moved to Pennsylvania back near my family.

During my first pregnancy and after the birth of my son suddenly my awareness on a psychic level really became overwhelming, to the point that I could no longer ignore it.

A short time and a brief sequence of events passed and I found myself here in California and at the Berkeley Psychic Institute for a reading, then a meditation class, the year class, the ministers in training program and finally the apprentice teachers program.

This was all quite a jump for me. I came to the Berkeley Psychic Institute initially to get validation for my psychic abilities. I stayed to get validation for myself as spirit and to find out about my spirituality. I also found the belief in the god of my heart and my Christianity that I had lost. Actually what had happened was I found my way back to where I left off at 10 years of age. With each level I go to, I see that I'm finding my way back further and further to places where I gave up parts of my information and my own awareness. And it's all so simple though maybe not always easy.

When I had my first reading, I thought to myself, "Great! This is the beginning." Immediately after I joined the year class (I joined it three times I might add) I was sure that this was the beginning for me. During the ministers in training program, I laughed and thought, "Oh this is the beginning." Now at the end of the apprentice teachers program, I realize how foolish I have been because, of course, this is the beginning. The beginning of what you ask? The beginning of my understanding of who I am as a spirit and how I am creating in this body. Each step was in fact a beginning and I am now sure that each new level I go to will be another beginning at least for that level of awareness. The end you ask. Well that is a level that I'm not interested in for now. It's all these new beginnings that have captured my enthusiasm. And for me I'm just beginning. Thank you to Lewis for creating this space for us to grow, and thank you to the Church of Divine Man for allowing kindergarten to be repeated so many times.

For more information: Berkeley Psychic Institute 2436 Haste St., Berkeley, CA 94704 (415) 458-8020

This Is Your PSYCHIC LIFE

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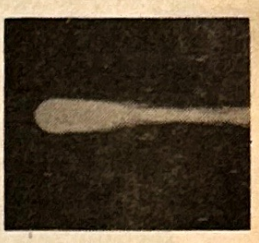

With the appearance of Halley's Comet - once ever 76 years - the earth goes through noticeable socio-economic changes. Robert Cole, astrologer, goes back through history to catalogue The Big Ones. Not only will the Phillies beat the Cubs in the World series, but the dollar will become world currency in the Year of the Comet.

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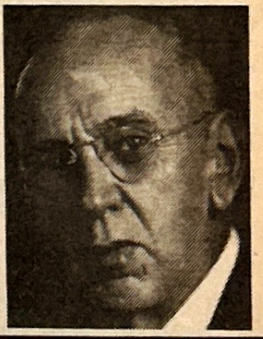

Edgar Cayce, known as the Sleeping Prophet, tried to get validation for his psychic abilities from the medical profession because for years he lived with the doubt of whether his abilities were a gift from God or the work of the devil.

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Is it God who utters those words, or have these people gone mad? In some churches speaking in tongues is seen as a sign. In others it is hidden or ignored. Yvonne Kanis' article uncovers this prophetic power.

Cover designed by Lenka Warder

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This Is Your PSYCHIC LIFE

The ONLY Magazine
BY Psychics FOR Psychics

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This is Your Psychic Life does not prescribe. The spiritual healings and spiritual techniques explained here are for educational use only. It is recommended that those seeking medical service see a physician.

Editorial

by Susan Hull Bostwick

"Jesus Was Not An MD or How to Handle the Medical Inquisition" is the name of Michael J. Tamura's book which has been excerpted in Psychic Life Magazine for the past five years (see page 8). Then, the name seemed superfluous. Today, the inquisition is in full swing. Five years ago the agents of the state Board of Medical Quality Assurance (BMQA) called our offices to inquire about the Berkeley Psychic Institute, allegedly to establish criteria for licensing psychics. They wanted to know if any of the people who go to psychics had any more than a third grade education.

Studies by the state witchhunters went on for a couple of years. The results of this massive effort to catalogue and control folk healers, herbalists, masseuses, acupuncturists, psychic healers and others shows itself today: The federal government is trying to crack down on what Rep. Claude Pepper of Florida labels "health frauds." His office put out three bills, HR 6049, which creates a clearinghouse of cost and side effects of drugs, devices and treatments of proved and unproved remedies, HR 6050 which amends the law to hand down larger penalties for those who knowingly use unsafe drugs, devices or treatments, and HR 6051 which creates a "strike force" of people from the Food and Drug Aministration, Federal Trade Commission and the U.S. Postal Service to ferret out frauds. Although the Congressman has printed fact sheets to assuage the fears of health food store owners, chiropractors, osteopaths, and others that their professions will be targeted as they have in the past, there is still room for skepticism and keeping a watchful eye on potentially unconstitutional legislation. Rep. Pepper has a strong support from the AMA. This has the familiar smell of the hunt: possibly divide and conquer the competition before it eats you.

Some psychic healers may not be aware of this and have fallen into the AMA trap. An association to license psychics in San Jose was formed in 1980, soon after the initial BMQA hounds were sent out. It appears to have the same witch hunt energy as the AMA itself: "Some fortune tellers and palm readers have psychic abilities," says one of the certified psychics. "But it's the way they present themselves to the public that I object to. It gives a flaky projection..."

I may not like the cut of your jib, but I really don't have any right to judge how you sail. I think this is where licensing psychics is way out of line. Who is to be the ethics officer? It seems we have enough Big Brothers. Really, isn't this all an economic issue? Become a psychologist, get a business license and compete with the AMA.

Psychics are spiritual counselors, not businessmen. You can't license the activity of spirit, but you can license psychologists. All psychics who take spirit out of church are psychologists.

Psychic Life Magazine is dedicated to educating the public about the natural abilities of spirit to heal, see, hear, and know. And to demystify the word psychic.

In this issue we continue to look at trance mediumship in its many forms. One in particular is labeled "multiple personality" publicized in the book "Sybil". Do doctors and psychologists have the only answers to this disease? We think not. Psychics have been seeing, hearing, and healing multiple spirits in a body for a long time. (See page 28.)

Let's not let Big Brother or vigilante ethics committees take away the right of one to heal another or one to seek the healer of his choice. Write your Congressman today.

Cosmic Correspondence

(Psychic Life Magazine does not endorse or sponsor the letters sent in by our readers. We do encourage reader response to our articles and enjoy offering a space to share their psychic experiences . . . editor)

Fire or Fuzz

Regarding the letter in the past issue (Vol 5, No 1) from Janet Yeager about Michael Tamura's articles on Healing and the Law. I agree that Michael would communicate more clearly if he cut the "fire and brimstone" rhetoric, got more in present time, and got down to brass tacks about how we can change the problems. It's sometimes difficult to read his articles, although they contain really good information. It occurred to me that this might be because on the subject of government oppression and abuse Michael is dealing with some unsolved past life wars (I can certainly relate to this!)

After reading his articles I initially formed the impression that he would be hard-nosed and critical. But was I surprised. I visited BPI about a year ago now and we struck up a short conversation. He was a total warm fuzzy--caring, validating and of course, a wonderful psychic. So people have different facets. I enjoy his spirit a lot.

Sincerely,
Cara Peters
Juneau, AK

(Our editors are volunteers. We welcome one who would like to edit Michael's work . . . editor)

Worth the Wait

Thank you for finally getting the records straight, now finally after four months of waiting, I can enjoy your magazine Psychic Life, the issue you sent me Vol 4, No 6, from last Nov. and Dec. '84 is very interesting, it's too bad that there isn't a Berkeley Psychic Institute here in Washington.

I have worked with the healing for the past 10 years, but still I feel I don't know anything about it.

But thank you again, for starting my subscription, in the future after reading your magazine I know I will learn lots.

In God's Love,
J.H. Seefried
508 W. 23rd St.
Vancouver, WA 98660

(See Washington Psychic Institute ad in Directory, page 55 . . . editor)

Ghosts Are People, Too

I should like to add some comments to Francesca Biondo's answer to the question, "How do you get rid of unwanted spirits in your house." In the ten years of working with non-physical states-of-being and in doing rescues of earthbound entities, we have found that there are many reasons why a person at death refuses to cross over or is unable to, and, thus, remains bound to the earth plane. The most prevalent reason for deliberately remaining here is fear of punishment. These are the ones who most often actively haunt because they need to convince themselves that they are, indeed, very much "alive." These are the ones who are the most negatively oriented. However, a spirit can easily become so. Picture, if you will, a person who has just died, firmly believing that death is an end. His consciousness tells him that since he is still "alive" he therefore cannot be dead. However, no one hears him, no one pays the slightest attention to him. To get attention, he moves something—and does get attention! It also begets fear, the most powerful negative force. As the entity absorbs this negative energy it gives him more power to create attention-getting actions-- and so a vicious cycle may begin culminating in stark terror. By that time the earthbound has absorbed so much negative energy that it has become negative to the point of being demonic, or seemingly so. It didn't start out that way but that's the result. Sometimes a traumatic death will lock a person into the earth plane, not necessarily in one spot

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Cosmic Correspondence

for we have rescued these poor souls from all over the world right here. Of course, as Ms. Biondo says, there are those who don't know they're dead; after all they still have a "body," though etheric, it is very real to them. This does lead to some funny moments. Unable to convince an old (1824) Yankee farmer by reason that he was dead, I told him to look at his body (my wife was the medium through whom he was speaking)--THAT convinced him quickly. There are also those who remain here shackled by a loved one's intensive "grief," and there are those who remain for other reasons.

In order to best help an earthbound it is important to communicate with them to find out what the situation is. Many have psychological problems that must be dealt with. It is easier to use a ouija board or automatic writing, and even better to find a trance medium. The trick to a rescue is to make the earthbound feel comfortable and safe. Treat him as a friend that needs help. Send as much love. This way it will be easier for the entity to get from the earth plane to the spiritual plane--and, thus, allow the rescuers from the other side to help. Abcve all, try to treat them with courtesy and respect-- ghosts are people, too!

Roger S. Pile
The Center for
Non-Physical Sciences
Chester, CT

You Know It All

. . . One reason you need not worry about spiritual growth is that as a spiritual being, a non-physical divine essence, you already have it all. As a soul in alignment with your source, you know everything you need to know. You are complete and untouched by this material world. (Many people are greatly relieved to hear this!) The work comes in to clear the way for this alignment, this inner awareness of the Self as a flowing, creative, abundant, powerful Light. That's why healing is basically culling out all the build-up of material and mental pictures that form walls or wedges between levels of body, its personality, and levels of mind, the soul, and the spiritual source. Once the work is done, you can EXPERIENCE your true Self, which is a Son of God, manifesting life in a human body. And it takes NO EFFORT! . . .

Rev. Franci L. Prowse
Winelight Newsletter
Anza, CA

At Last

I was very happy to see "Psychic Life" and thought it was the magazine I was looking for, at last! And I did enjoy it.

However, could I describe one I am waiting for -- and one that would have widespread appeal to many of us in the New Age Movement?

It would be nationwide -- providing nationwide directories of New Age Services, teachers, and advertising, etc. It would not be heavily devoted to any dogma, diet or discipline. (The magazines that do exist now usually are (the very good) yoga oriented, or holistic health oriented).

There are many of us new age peoples who frequent the many excellent occult bookstores whose interests are as varied as those covered in such stores -- mythology, native American Shamanism, Huna, Astrology, Tarot, numerology, crystals and gems, Religion, witchcraft, metaphysics, Oriental studies, Yoga, Findhorn, Catherine Ponder and New Age Christianity, Tantra, and on and on. Audre Horton! Paul Anderson!

My particular favorites are Dr. Serge King, (Kahuna), (author of "Imagineering for Health", "Kahuna Healing", and "Mana Physics" and, of course, Jane Roberts! (Recently deceased).

I would love to read a monthly article by Dr. King and another by Robert Butts (Jane Roberts husband who is bringing forth more books from the unpublished Seth material) and reprints from classsic occult texts (such as "Thought Power" by Swami Sivinanda and especially! Seth material -- published and unpublished).

Reviews of new (and older) books to keep us all abreast of current developments and catch us up to what we may have missed.

There is, I believe, the need for such a publication and if you consider expanding I'm sure there would be great demand and hearty appreciation.

Yours truly,
Ann Marie Maxwell
San Diego, CA

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Ask Sharon

by Sharon Santos

Dear Sharon

I have known my husband for nine years. We don't fight much, but I just cannot live with him any more. He smokes in front of our children, and I know that this is bad for all of us. He won't do anything to improve himself or his health. I am into health foods and exercise. We just don't have much in common any more; when I try to tell him I am not happy and don't want to be here anymore he says that I am just going through a phase. If I say "you just don't want to change, and you don't want me to change," then he gets real mad and walks out. What should I do to make him understand where I am coming from?

Linda

Hello Linda

Sometimes people grow in different directions and at different rates. You might want to see if the agreements you made with your husband are still in present time - it looks like you want to create some new agreements that are more real to you right now. Women love to change and improve things around them - this includes men. As you can tell men don't enjoy this aspect of females. If you get a chance, come and visit one of the Female Healing Clinics at the Berkeley Psychic Institute to get some information about how to use this female creative energy all for yourself.

Sharon

Dear Sharon

After reading Psychic Life magazine I have two questions for you. "If you are thinking about someone, are they thinking about you too?" and "When I go places I sometimes feel I should leave right away - so I get out and later I hear that something happened. Is this a psychic ability?"

Susan

Hello Susan

If you are thinking of someone, a telepathic communication might be happening and they most likely will be thinking of you, too. To answer your second question, it seems that you are using two psychic abilities: clairsentience (the ability to feel what is happening around you) and precognition (the ability to know the future).

Sharon

Dear Sharon

After two years of classes I have figured out how to own my own space, but I lost my husband, most of my friends, and my job in the process. It's lonely in here. I am a trance medium and I had to redefine all of what I thought was 'love' for 35 years. I am not at all sure what to do next, or where to find validation. I always "lived for love." Can you tell me why I feel so directionless and miserable?

Trina

Hello Trina

You have created a lot of space for yourself and I see that you got stuck on a picture that says that validation has to come from someone else. You might want to begin with saying hello to all the changes you made and so start to validate yourself. When you validate yourself and your creations there is no space to feel directionless or miserable. Good luck.

Sharon

Dear Sharon

I have been told that there is a 50% chance that I can conceive a child. I wonder if you can see anything helpful I can do for this. Thank you for providing this service and column. I find it very interesting.

Lynn

Hello Lynn

I see that you have an agreement for another child. You might enjoy a reading or healing in the Female Healing Program. They can take a look if there is any energy blocking the way for you to conceive another child. The number is (415) 459-7576. ☆

Sharon

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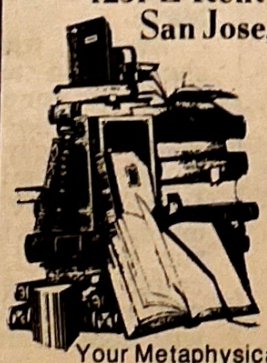

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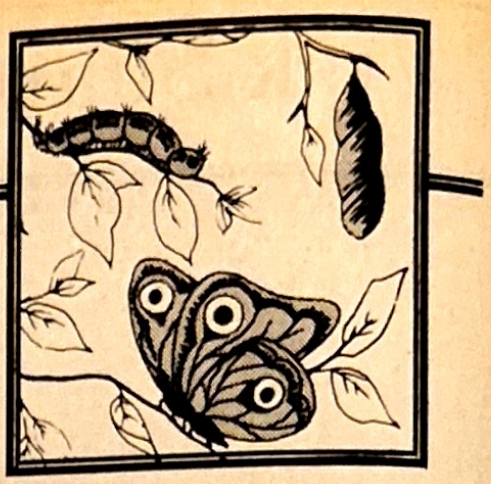

Healing in a Housing Office

by Leigh Smith

Those who are aware of their psychic abilities and how to use them understand what it means to communicate with someone on a spirit level, but not necessarily on a verbal level. As a matter of fact, it is quite often amusing to communicate with a spirit who has created a learning situation for itself and may be having a little difficulty in knowing just what it is supposed to have learned.

For example, I work in an office where many of the clients are in a state of survival, looking for housing or money to help pay for their housing. Naturally, this is a "serious" situation for many people because housing is a basic need, which most of us have to satisfy to be content. One reason I am working in this particular position is so that I can locate all of the matching survival and non-havingness energy in my space and get rid of it.

One of the things I do constantly throughout the day is look at each person who comes into the office as a being occupying a body, and what they have created for themselves as a learning situation. I don't try to change it, just acknowledge it and congratulate them for their creativity. Naturally, once in awhile I will get stuck along with them, but that is all part of learning to control the energy in my space and make separations from those around me who have similar pictures or energy in their space.

I was sitting in my office one day waiting for a client to come in for some financial assistance with her housing. When she arrived it was apparent that she was having some difficulty. As a being, she was nowhere near her body, and her appearance was somewhat disheveled. I said hello to her several times (verbally) before she even realized where she was. I was supposed to get information from some papers which she was to have brought. For some reason, she forgot to bring them, so her trip seemed pretty much in vain.

She continued to ramble on and I noticed myself starting to get a little frustrated with the situation. It was at this point that I noticed the sign on my desk facing me. I have purposely placed it there to remind me that I can always communicate with spirit. (It's amazing how easy it is to forget when you are surrounded by people who don't even know that they are spirit.) The sign reads, "WHERE IS THIS PERSON STUCK?" Every time I see this particular sign, I become amused that I have chosen to work in a situation that puts me in constant contact with people who are "stuck" in survival.

While we were talking I began to look clairvoyantly at where this woman was stuck. I noticed that one of the reasons I was becoming frustrated was that I was matching her energy. I made separations and looked at where she was as a being in relation to her body. Needless to say, she was some distance away from her body. I asked the Supreme Being to give her a healing and show her where her body was, if she wanted to be anywhere near it. As this was going on, the woman suddenly got up and said she had to go to the restroom. She said she didn't "feel quite right." She came back a few minutes later, still "feeling a little faint." I continued with business and also communicated with her as a being to see if she still wanted a healing. As a being, she was looking for a healing, but didn't know who or how to ask for one. As she began to get closer to her body, the color of her skin changed to a brighter shade of pale, and she passed out in the chair. Because it was no longer possible to conduct business, I continued the healing and finished showing her how to ground. As a being, she could have the information. As soon as she started to use the information, she revived.

I said hello to her in the body and she looked somewhat sheepish and rubbed her eyes. Although she was aware that she felt different, she was not really sure why. Throughout the whole healing, I had communicated with her only as a spirit because she had, after all, come into the office only for some housing information. We concluded our business and she got up to leave.

As she was walking away from the desk, she turned around and said, "You know, my cough is gone. I've been coughing for months now for no apparent reason, and now it's gone." I just smiled at her and said, "Gee, it must be a miracle!" The puzzled look on her face told me that she didn't quite consciously understand what had happened, but as a being she knew. I didn't even know that she had a cough when she came in, but I did know that she left without one. All she really wanted was some spirit-to-spirit communication.

(Leigh Smith received his training as a clairvoyant and a healer at the Berkeley Psychic Institute... editor)

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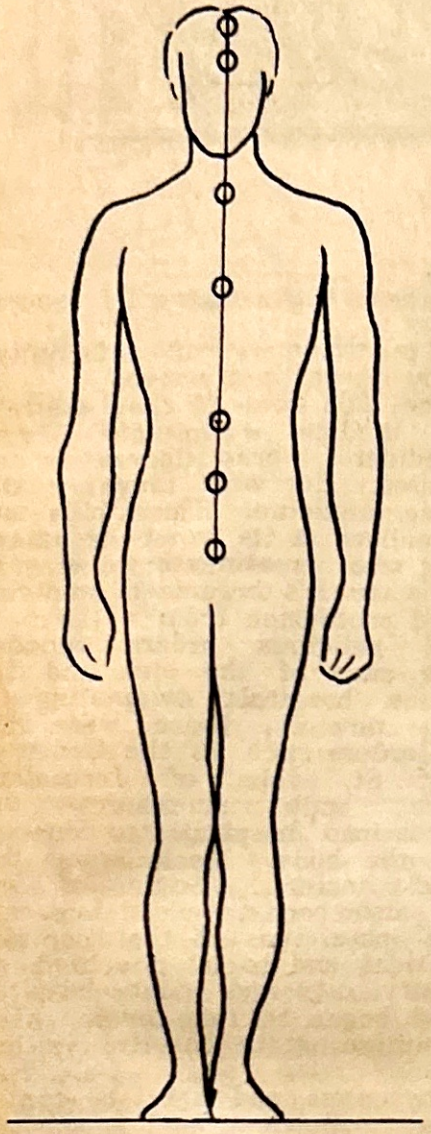

Bring this issue of Psychic Life Magazine to your reading appointment at the Berkeley Psychic Institute to get your free reading. (See page 54 for the BPI nearest you or call (415) 548-8020.)

Berkeley Psychic Institute
Church of Divine Man

As we read, we allow the Cosmic and the Earth energies to flow through our bodies, opening the doors through which we become more aware of our spirituality and increase our communication with The God of our Heart.

Let us pray: May it be, with the blessing of the Supreme Being that whatever happens during this reading will benefit each of us in our spiritual growth, awareness, and understanding.

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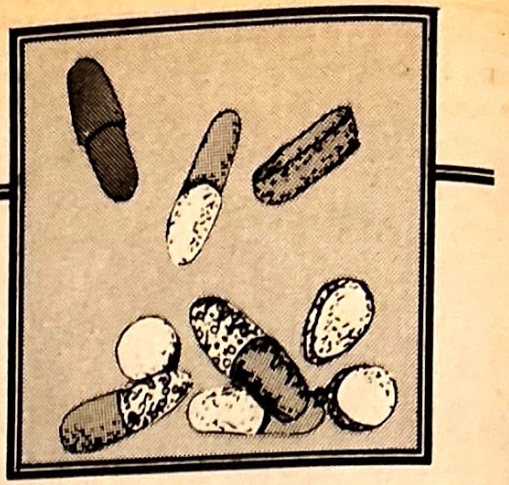
Healing & the Law



by Michael J. Tamura

Does Your Spirit Know the Law?

"Any person, who practices or attempts to practice, or who advertises or holds himself out as practicing any system or mode of treating the sick or afflicted in this state, or who diagnoses, treats, operates for, or prescribes for any ailment, blemish, deformity, disease, disfigurement, disorder, injury or other mental or physical condition of any person, without having at the time of so doing a valid, unrevoked certificate as provided in the chapter, or without being authorized to perform such act pursuant to a certificate obtained in accordance with some other provision of law, is guilty of a misdemeanor." (Business and Professions Code California State Medical Practice Act Section 2141)

This is the Medical Inquisition. As with the medieval inquisitions, it is the joint effort of the state and the state religion against "heretics." It is curious to note that what is a representative law exemplifying the non-spirit of the medical inquisition is nothing more than a law regulating a business license. It has nothing whatsoever to do with health, safety, well-being, or any aspect of healing. It has to do with who has a business license.

But remember, if you are a spiritual healer practicing your religion, you don't need a business license — you are practicing your religion, not a business. Practicing medicine is not healing, it is a business.

However many alternative healers may not be able to avoid becoming a licensed business. The federal government, if it has its way, is attempting to turn all healers into certified businesses through the "Unproven Medical Remedies" package in three federal measures known as HR6049, HR6050 and HR6051 which died last session. Unfortunately, for healers and the consumer alike, there is a renewed effort to get these through the current session. If passed, the federal government could:

* "prohibit health food stores from selling megavitamins and other nutritional remedies without a doctor's prescription:

* outlaw electrical diagnostic techniques, some forms of acupuncture, herbal treatments, and homeopathic remedies:

* set up a federal "strike force" of representatives from four government agencies to keep under surveillance those activities which they consider to be health fraud. (Do you think homeopathic practitioners, acupuncturists, and nutritionists are represented in these agencies? Of course not!)

* prosecute practitioners of alternative medicine who **they** deem "ineffective."

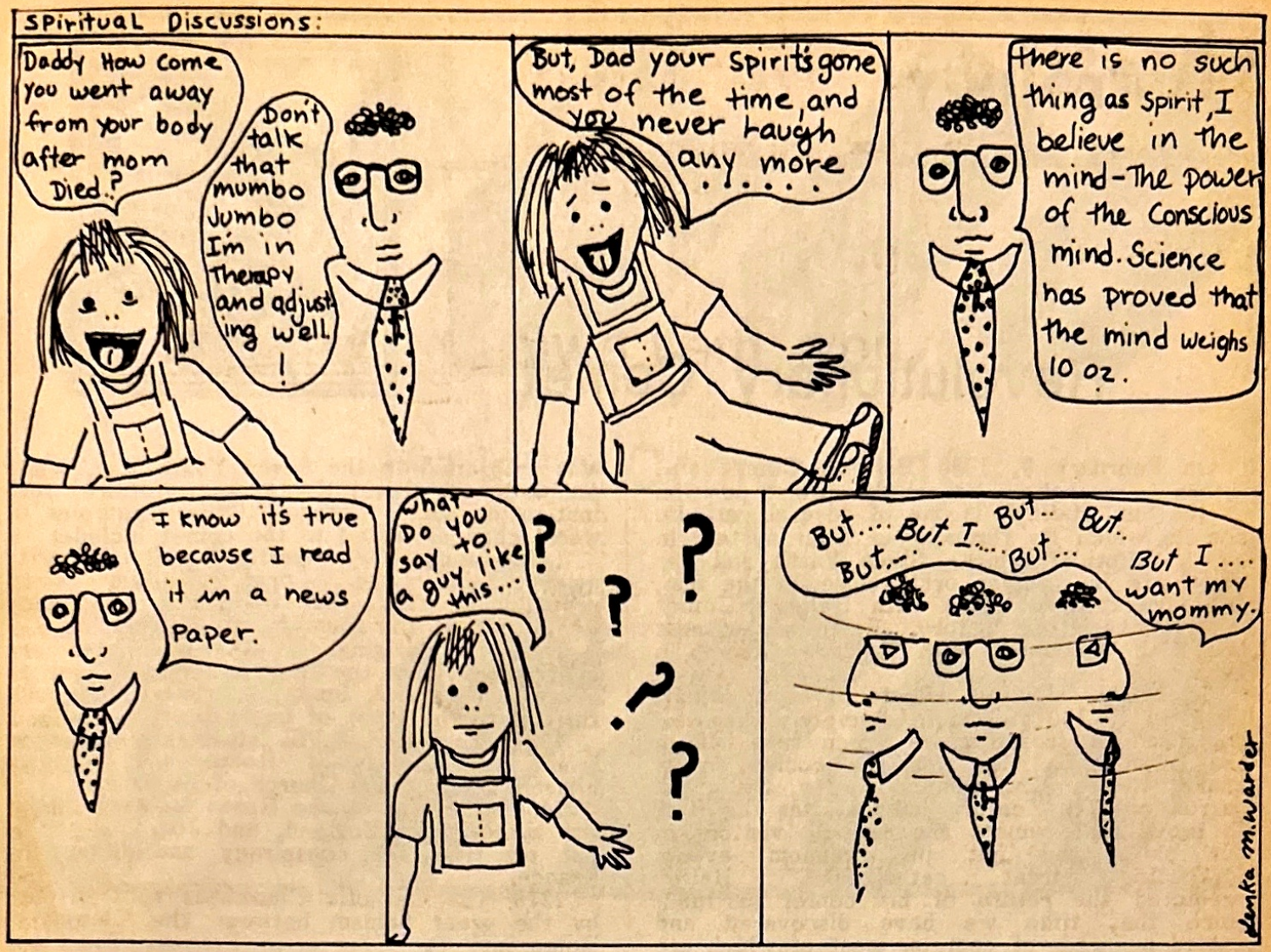
"Sponsors of the bills contend they want to 'protect" the medical consumer from fraudulent medical practitioners and ineffective remedies. But what they're really doing is protecting medicine. These bills will be medical paternalism at its worst—**organized medicine deciding what treatments we may or may not use** ... when it's organized medicine that we may need protection from!" (1)

Churches and religious orders founded hospitals for the care of the sick and the destitute. Besides hospitals originating in monasteries and convents, there were the knightly hospital orders such as the Order of the Hospital of St. John of Jerusalem. Physicians were body mechanics and technicians called into hospitals to do the specific work on the body. Healing was left to the spiritual healers. Some of the spiritual healers also became physicians and became "resident" physicians of the hospitals. Through the political and social developments of the 19th century, city and county hospitals were founded and began to take over. After the French Revolution, state hospital systems were established.

Today, the physicians and atheists control most hospitals. Spirit and spiritual communication is not only excluded, but many times denied even to those in the greatest of spiritual moments, birth and death. So great has the invalidation of spirit become in most hospitals that in some of them there has been a push towards getting rid of calling in a minister to administer last rites to a dying patient and in his stead calling a psychologist to intellectualize death and dying.

However, there have been some gallant efforts to coordinate the spiritual with the medical. Edgar Cayce, the famous "sleeping" clairvoyant, organized the first psychic hospital in Virginia Beach, Va., in 1927, based on Life Readings which diagnosed illnesses and suggested treatments carried out by medical doctors. After a series of pitfalls in which the Readings' suggestions were not carried out, the hospital closed. (See Cayce profile on page 14 this issue. ...ed note)

The problem has been greed, competition and moral turpitude getting in the way of a spiritual healer. There is recent case, Nally V. Grace Community Church, in which the California Court of Appeal, Second Appellate


Spiritual Discussions:
Daddy How come you went away from your body after mom Died?
Don't talk that mumbo Jumbo I'm in Therapy and adjusting well!
But, Dad your spirit's gone most of the time, and you never laugh any more....
there is no such thing as spirit, I believe in the mind-The power of the Conscious mind. Science has proved that the mind weighs 10 oz.
I know it's true because I read it in a news Paper.
What Do you say to a guy like this...
But.... But I.... But.. But.. But... But... But I.... want my mommy.
Lenka M. Warder

District, Division 1, reversed a summary judgement given by the Superior Court that there was no basis for putting a church and its pastor on trial in a wrongful death action. Insurance companies trying to cash in on the concept of "clergy malpractice" is promoting this new phrase in the media and the court room. Look at how much money is being made in medical malpractice and legal malpractice and who knows what other malpractices by the insurance companies. And there are a lot more ministers in this country. The case was brought forth by the parents of a young man who committed suicide sometime after having spiritual counseling with the pastor.

The original complaint was basically that through the negligence of not recommending psychiatric and psychological treatment but encouraging spiritual means of healing, the pastor and the church, who did not train the pastor correctly, caused the suicide of the young man. The original decision of the superior court was that there were no judicial issues of fact. Is a psychologist or psychiatrist required to recommend spiritual counseling by a pastor?

The job of an appellate court is to settle issues of law. It does not go into whether the pastor had a duty to refer the man to anyone else or not. It decided that there is a judicial issue of whether there was any outrageous conduct on the part of the pastor of the church calculated to cause severe mental distress. If this goes back to trial, I wonder who is going to judge the spiritual actions of the pastor and the church? The psychiatrist who submitted a psychological evaluation that the pastor and the church drove the man to suicide?

This brings me to the word "psychology." In the New Testament Greek, the word referring to the "soul" is "psyche." The ancient Greeks said, "Know thyself" but they did not have a psychologist. They knew the difference between spirit and body. They had words that described a spiritual being with a mind, "phronema." Or spiritual being, "pneuma." And body, "soma." It was one Otho Casmamnus who in about 1595 coined a set of new words fashioned from Greek roots: Anthropology, somatology, and psychology. But by then, the concept of "soul" had been degenerating into "mind" and intellectual capabilities.

By the 1700's, soul became a "bundle of perceptions" and organisms were automatic machines whose actions were influenced by stimuli. Psychology became the study of automatic response actions of the body. By 1879, the first psychological laboratory was established in Germany and psychology became a "science." So the word that really means the study of the soul is now used against the soul by those to whom soul is the last thing of interest.

". . . Jesus went . . . healing all manner of sickness and all manner of disease among the people." "In my name they will cast out demons . . ."

Jesus was not an M.D. ☆

1) People's Medical Society letter, 14 East Minor Street, Emmaus, PA

Astrology

by Robert Cole

Revolutionary Comet

On February 9, 1986 Halley's Comet will return to perhelion--its orbit's closest position to the Sun. Halley's is one of several periodic comets which fly through our solar system in highly elliptical orbits. Since Earth and her Moon are in circular orbit close to the Sun, we have crossed paths with Halley's Comet many times in our history. Earth will witness her 30th encounter with Halley's Comet in 1986.

Scientists calculate comets to be anywhere from 10 to 100 meters in diameter; they are composed of frozen gases which burn off in the form of a "tail" as the comet comes nearer to the Sun. Edmund Halley, the great patron of 17th Century science, was the first to prove that comets are periodic visitors to our skies and not just random events foreboding great catastrophe. Halley predicted the return of his comet in 1682; since that time we have discovered and named hundreds of comets, most of which are visible only through the most powerful telescopes. There is no doubt that Halley's Comet is the most brilliant and most ominous of them all.

Astrologers assume that observable periodic events, like the return of Halley's Comet, coincide with patterns in human history. In fact, such a pattern does coincide with the return of Halley's Comet. By drawing time-lines through our historical records, we find that 1986 shares much in common with years like 1910, 1835, 1759, 1682, 1607; since the comet returns every 76 years, give or take one year, we can trace observations starting back in 239 BC. Through these observations, one predominant historical theme stands out; Halley's Comet has appeared at the very beginnings of the greatest social revolutions in our history.

When Halley's Comet appeared in 1910, labor unions were shredding the authority of 19th century governments. While liberals fought conservatives in Parliament, street riots ravaged the neighborhoods of Paris, Lisbon, and Mexico City. Europe watched as her emperors started choosing sides for the Great War and the Russian plutocracy saw the first omens of communist revolution.

At the end of 1835, Halley's Comet appeared in the midst of riots in France and England. Republicans shot French King Louise Phillipe, there was Civil War in Spain, and Juan de Rosas imposed dictatorship in Argentina. In the USA Andrew Jackson preached unlimited franchise, free education, and universal opportunity, and the seeds of the American Civil War were sown.

When the comet appeared in 1759, Europe was embroiled in the Seven Years War, while Adam Smith, David Hume, and Voltaire were instigating social change. Other examples of world changes linked to the comet include:

1682--Louis XIV wrestles civil authority away from the Pope; William Penn promulgates his Great Law of Divine Revolution at the founding of Philadelphia.

1607--The original Estates of Ulster are confiscated from the Irish and turned over to Protestant control; Spain is wracked by social turmoil to the point of bankruptcy.

1531--King Henry VIII strips the authority from the Church of Rome and declares himself head of the Church of England.

1456--The War of the Roses is being fought for authority in England, and Joan of Arc is put on trial for conspiracy and heresy in France.

1378--The Catholic Church is split in half by the great Schism between the Church in Rome and the Church in France. The Pope and the Anti-Pope struggle to gain power among the poor.

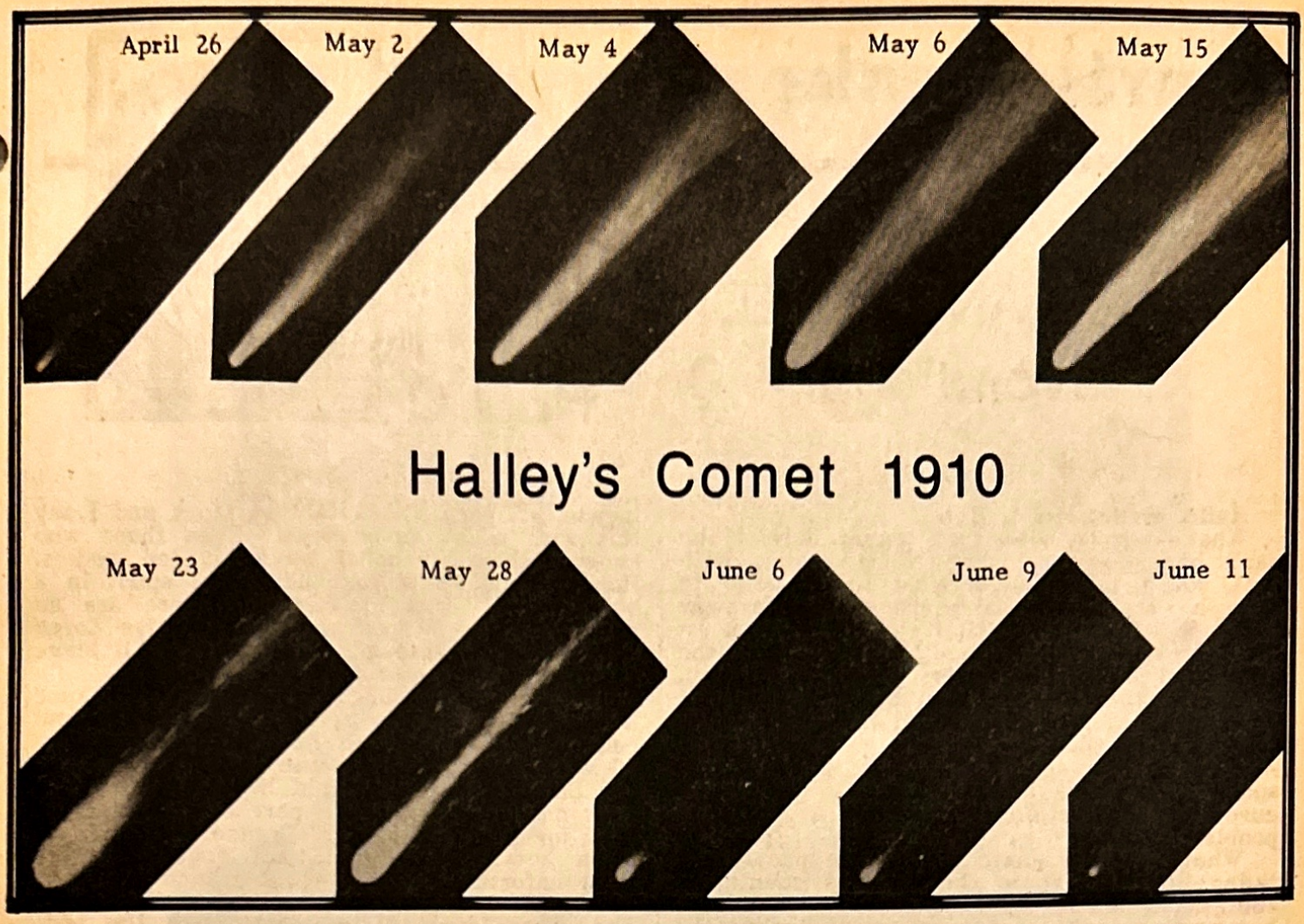
1301--A horrified population watches the beginnings of the Black Plague which swept through Europe causing the greatest social transformation in recorded history.

Finally, the records show that Peter and Paul, founders of the Christian Church were martyred shortly after Halley's appearance in 66 AD. The Roman Empire ultimately collapsed when Attila the Hun invaded Gaul right after the comet's appearance in 451 AD. The Holy Roman Church was itself devastated by the Pelagian Heresy in 530 AD and the violent revolution of the Iconoclasts in 760 AD; both dates coincide with returns of Halley's Comet.

Even the earliest recorded appearance of Halley's Comet in 239 BC coincides with Hannibal's invasions of Spain and Italy which began the demise of Alexander the Great's Macedonian Empire.

It's no wonder that astrologers through the ages have associated the appearance of the comet with the downfall of empires!

Today, as this article is being prepared, Earth awaits the return of Halley's Comet once again. Third World countries are on the verge of collapse as social unrest weakens authoritarian governments. When Halley's Comet appears, no one should be surprised to see the stability of nations give way to a new breed of revolutionaries. As the traditional structures break apart under the pressure of historical development, the gaps in the logic permit new perceptions to wise consciousness. In researching the history of Halley's Comet, we find not only social



revolution but also scientific revolution. Inventions and discoveries which no one could imagine before, suddenly appear in the compost of social transition. It is debatable whether the scientific revolution is the cause or the effect of the social revolution; possibly they are simultaneous. But it is clear that every time Halley's Comet has returned, humanity has found amazing new techniques for working in the material world.

In 1910, Marie Curie isolated the first radioactive element, radium, and humanity witnessed the birth of the nuclear age. At the same time, the first synthetic production of plastics occurred and the automobile moved into high gear as mass production began in earnest.

In 1835, Halley's Comet brought the invention of the Colt revolver, the refinement of the steam engine for industrial production, and the mass construction of trains and railroad tracks.

In 1682, Isaac Newton formulated his theories of gravity which were directly stimulated by the research on comets done by his friend and patron Edmund Halley. Newton's mathematical definition of the universe eventually broke the stranglehold which divine dogmatism had on scientific investigation.

In 1607, Galileo invented the thermometer and the telescope.

In 1378, after 75 years of watching the Black Plague destroy more than 40% of the known population, physicians discovered a cure for the horrible malady. Strangely enough the Plague began and ended in the light of Halley's Comet!

Even before the Christian Era, the appearance of the comet coincides with important scientific discoveries. In 239 BC, Eratosthenes calculated the circumference of the Earth and its orbit around the Sun. And in 163 BC, Hipparchus invented trigonometrical measurement and designed the constellations of the zodiac which are used by astronomers until this day.

As we approach 1986 and the 30th return of Halley's Comet, science is apparently on the verge of major breakthroughs. We can expect further developments on the neutralization of atomic weapons, more astounding discoveries in genetic engineering, a cure for the viruses which cause cancer, leukemia, and the common cold, and further advancements in computers.

MORE PREDICTIONS FOR 1986

A) Third World debtor countries will dramatically lower the prices of their goods. This will throw the futures market into turmoil and eventually upset international finance.

B) The health and banking industries are in for severe reforms. Several countries will attempt to nationalize both industries in an attempt to preserve their national security.

C) The American dollar will become the currency of the World. After severe problems with communist economies, the capitalist

Continued on page 52.

Lewis Speaks

HELLO

by Rev. Lewis S. Bostwick

TRANCE MEDIUMS

HELLO

Hello. Hello. Hello. Hello.

What's wrong with that young lady? She can't hear a word I say. What's wrong with that young man? Everytime I say hello to him, he starts to shake and get a faraway look in his eye. But along comes a Know-It-All: I have the answer, cried the little red hen. The other day on television, and radio too, I heard this man talking about children. He said you should have your child checked for epilepsy.

Here we go again. Now we are going to spend millions of dollars trying to produce a cure for something that is a spiritual problem.

What an unfortunate time some people are living in. To live in the greatest country in the world where spiritual freedom abounds, but no knowledge of wisdom or of healing the spirit is explored, only chemical solutions to subdue the body. To lower its vibration, so that the soul can't get out and we still sometimes can't get back in.

I have an amusing story of when I heard about someone getting a blow on the head or some other accident. It's about Hurkos, who I believe was a Dutch housepainter. He fell off his ladder while in the line of duty and was rendered unconscious. When he woke up, what a great clairvoyant he turned into. The last story I heard about this man is that he was hired to find gold bars in the Caribbean. They paid him a lot of money and they found the bars. "If I find some more, will you let me share?" And they said, "No, they belong to us, we paid you." Being practical and intelligent, he said, "Well I won't tell you about the ones we passed over." Anyway that's the general gist of the story as I heard it.

The people who are hunting for people like Uri Geller and Mr. Hurkos, offering great rewards to play the game of prove it, never get many takers because by whose rules do we play these games? The men of science, and those agnostics and atheists really don't want the game that they play changed. Perhaps in some cases they do save many bodies that would have otherwise died.

But this story is about the Trance Medium Program of the Berkeley Psychic Institute, and I'd like to have it in present time, of what's happening today. I have a class of six people--purple people eaters--who are learning to control the beings who enter in and out of their body, seemingly at the will and pleasure of the beings but not of the host who they invade. Sounds like a fantasy story and I say this with great amusement. Even those who know nothing of spirit have invaded bodies. How do you know that here is a spirit in a body? Well, without a spirit, there are no mental image pictures and no creative force being directed through the body (but I'll leave that for a later discussion).

One of the young ladies in the Trance Medium Program is really quite a problem cause I have to teach her the same subject 10 times in a row because each being wants the information. It would be easier if I just took nine away, but it's part of the teaching tool for the other five Trance Medium's to learn how to get their act together. The most unfortunate thing about trance mediums, is that most of them die from alcoholism. The other levels of problems with the body are strep throat, hypoglycemia, and most forms of epilepsy. And we are looking at diabetes and MS (multiple sclerosis).

I've had the pleasure of instructing and helping 16 people with trance medium abilities. And so now we have six at once and two of them have psychic surgeon abilities. I know there will be a long, low howl by psychic surgeons because I have psychic surgeon women whereas most of them in the past have been men. Oh well, can't win them all, can we?

Someday I hope to have a clinic and the space to be able to heal these trance medium people in the correct way—the correct diet for their body and correct information about how as a spirit to get back into communication with the body.

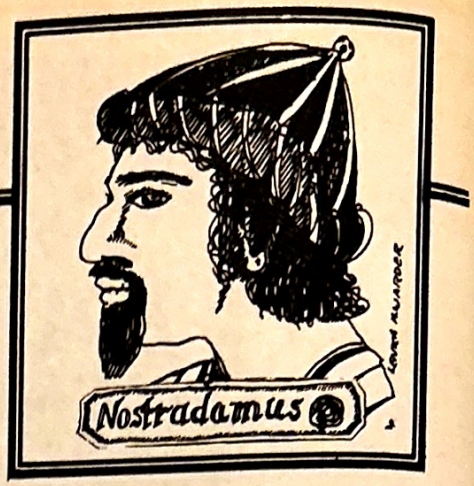
If any of you want to know more about this, I'd be very happy to answer your questions. Have a good day and let's stay with the good spirits and get into the spirit of it. ☆

(The Very Rt. Rev. Dr. Lewis S. Bostwick is the creator of the Berkeley Psychic Institute. He has been training trance mediums for over 20 years, and in that time has learned to be amused at the imaginative situations a spirit can create to learn from. One of his latest creations is the Aesclepion Healing Center. It is within this program that Rev. Bostwick is training the trance mediums and psychic surgeons mentioned in his article. Any questions about the Aesclepion Healers may be sent to Lewis c/o Psychic Life Magazine. See page 18 in this issue for an article about this trance medium training program... editor)

Lancaster, PA, New Era Sat., Oct. 30, 1971.

Donna Flegel is in complete trance as her teacher, Lewis Bostwick, holds his hands over her head to "generate more vibrative power" during trance medium demonstration.

Historical Psychics



Cayce Confounds Medical Community

by David Doyle

"Illiterate man becomes a doctor when hypnotized. Strange power shown by Edgar Cayce puzzles physicians. The medical fraternity of the country is taking a lively interest in the strange powers said to be possessed by Edgar Cayce of Hopkinsville, Kentucky, to diagnose difficult diseases while in a semi-conscious state, though he has not the slightest knowledge of medicine when not in this condition." New York Times, October 9th, 1910.

Exactly how "lively" the interest of the medical fraternity of the country ever was about Edgar Cayce's "strange" powers is questionable. There is, however, no question that a large number of people from all walks of life and all over the world, have taken a lively interest in the accomplishments of Edgar Cayce in his most recent past life.

Edgar Cayce was a trance medium, and a very famous one. He manifested his abilities when he was asleep!

In a typical reading, Edgar would loosen his collar and cuffs, untie his shoes, unbuckle his belt, lie down, and in a few moments, be asleep. Edgar always had someone standing near (in most cases his wife or father), giving him instructions. After his body went into trance, they would state what the concerns of the readings were to be, and they also gave instructions for bringing him back to a waking state when the readings were over.

The following is from a reading Edgar did on his wife Gertrude, when she was quite ill: "Yes, we have the body... it has become impoverished, or thin from conditions existing in the circulation produced by lack of nutriment in the blood to supply the rebuilding forces in the body... until we have a seat of trouble in the left side, at the lower extremity of the lung itself..."

In the beginning of his life, Edgar primarily did readings for health problems. Later on he began to do "Life Readings." The following is an example of the instructions he was given before commencing a life reading.

"You will have before you (name and place of individual at birth), and you will give the relation of this entity and the Universe, and the Universal Forces, giving the conditions that are as personalities, latent and exhibited in the present life. Also the former appearances in the earth's plane, giving time, place, and the name, and that in that life which built or retarded the development of the entity and that to which it may attain, and how.

"You will answer the questions which I will ask regarding this entity. You will speak distinctly, at a normal rate of speech."

During virtually all of Edgar Cayce's readings there was a stenographer present, taking down everything that was said. There were several good reasons for this. For one thing, during the readings, Edgar not only diagnosed health problems, but he recommended treatments. His recommendations encompassed all forms of therapy, and were often quite complicated and lengthy, so a transcript was necessary.

Another good reason to transcribe the readings was that when Edgar was brought out of trance and came back to his normal waking state, he had absolutely no recollection of what he had said.

Edgar Cayce was a deeply religious man. From an early age, he read the bible often and, when little more than ten years old, he set out to read the bible for every year he lived. After he caught up to his present age, to read it once a year thereafter. When he was still quite young he taught bible class, and he continued to do this throughout his life.

Because of this, it was very important to Edgar that everything in the readings be transcribed. It took many years before Edgar trusted his readings. He did not know how they happened, why they happened, why he had the ability and not others, where the abilities had come from, and for a long time wondered if they could be used for evil or were the work of evil. By having everything transcribed he was able to learn from them, as well as check to see that what was coming through was good and beneficial.

When Edgar first gave a reading which mentioned past lives and reincarnation, it came as quite a blow. During his life it had been difficult to deal with what many people regarded as his "strange" powers. He had been used and abused for his powers and couldn't even explain what exactly they were or how he had come by them. But now, a bible study teacher and student of the bible, he was to believe in reincarnation? Immediately readings were taken on the subject of reincarnation; why was it not mentioned in the bible, how does it work, why do we not remember our past lives, what is the purpose?

Eventually Edgar could see that reincarnation is mentioned in the bible, and that there is actually much to support it, not

only in theory, but in everyday life.

This change in his beliefs did not happen overnight. It took some time to shed his suspicion that the Devil had finally reared its head. It took some time to see that the new information actually encompassed what he already knew to be true.

During Edgar's years of readings he was several times talked into trying to "prove" his abilities to the scientific and/or medical community. As a result, several doctors (some for whom Edgar's readings had saved lives), became close friends and helped in carrying out prescriptions.

There was, however, a time when someone talked him into meeting with some doctors so that he could show them his abilities. It was in the autumn of 1906; a literary club had chosen hypnotism as the subject of one of its monthly meetings, and Edgar was invited to give a reading. As Edgar had been "tested" before, and there were to be many local doctors present at the meetings, his wife Gertrude was nervous, and demanded a promise of Dr. Blackburn, the man who was to go with Edgar and control the reading.

"Promise me you won't try any tricks with him while he is asleep. I don't want any pins stuck in him or any monkey business like that. I want him brought back in as good condition as he is going." Blackburn promised to take care of him and off they went.

"At the meeting Edgar went to sleep on a couch that was brought in and placed before the dais. He was given the name and address of a college student who was ill in a dormitory just outside the city. The boy was a patient of one of the doctors present.

"Yes, we have the body," Edgar said. "He is recovering from an attack of typhoid fever. The pulse is 96, the temperature 101.4."

"The doctor in charge of the patient said the diagnosis was correct. A committee of three was dispatched to check on the temperature and pulse. While they were gone an argument arose as to what state of consciousness or unconsciousness Edgar was in.

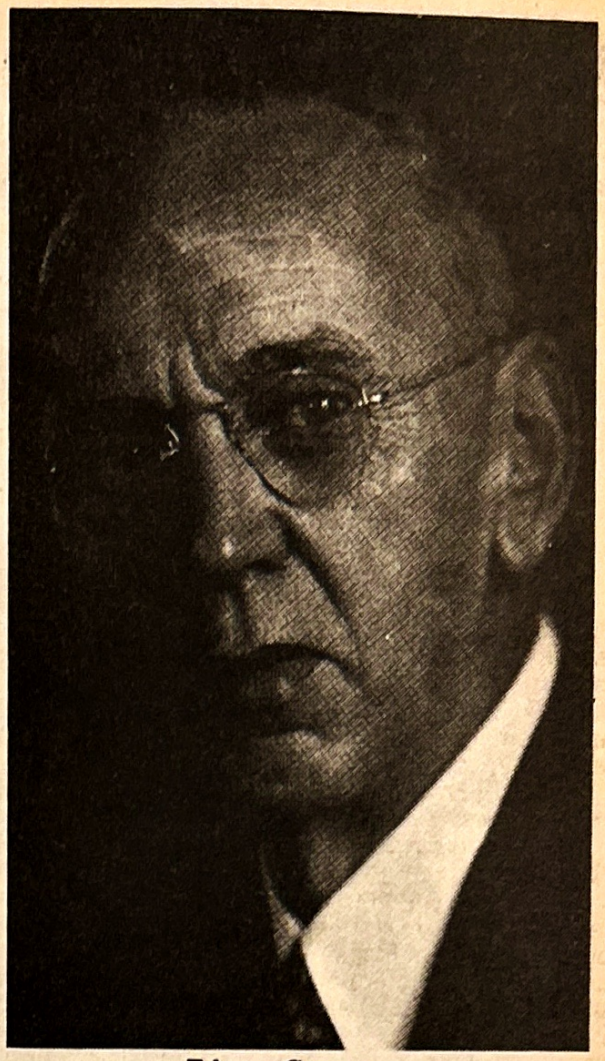
"Some said hypnosis, some said trance, some said a dream state. The doctors who were witnessing their first reading wanted to find out. Over Blackburn's violent protest one of them stuck a needle in Edgar's arms, hands, and feet. There was no response. Another left the room, returned with a hat pin, and before Blackburn could stop him, thrust it entirely through Edgar's cheeks. Still there was no response.

"He's hardened to all of that," one of the other doctors said. This one opened a pen knife and ran the blade under Edgar's left forefinger. Slowly the nail was lifted away from the flesh. There was no indication of pain; no blood flowed. The knife was withdrawn.

"Suddenly Edgar woke up. Immediately he felt pain. The doctors began to apologize. Just a few scientific tests, they said. No harm was meant. Edgar lost his temper. He turned on Blackburn and the other doctors.

"I'm through," he said. " I've let you do anything you wanted to do with me. I've given you my time and never asked that you even be polite enough to think me sincere.

"I thought you wanted to find out the truth. But you don't. Nothing will convince you. Nothing will convince any of you.



Edgar Cayce

"No matter how many miracles you see you will never believe anything that will interfere with your smugness. You take it for granted that every man in the world is crooked except yourselves. And you will accept no proof of anyone's honesty.

"I'll never try to prove anything to any one of you again.

"I'll never give another reading unless it's for someone who needs help and believes I can give it to him!"

He walked out.

Edgar Cayce was born on a farm near Hopkinsville, Kentucky, March 18, 1877. He died on January 3, 1945, in Virginia Beach, Virginia. Over a period of forty-three years Edgar gave readings to more than eight thousand different people, leaving more than fourteen thousand documented stenographic records.

In 1932 the Association for Research and Enlightenment, Inc. was created to preserve the records and investigate and experiment with the information in them. Write A.R.E., P.O. Box 595 Virginia Beach, Va 23451 for additional information on Edgar Cayce.

(The story of Edgar Cayce, "There Is A River" by Thomas Sugrue was used as the basis for this article and from which the quotations were taken... editor) ☆

(David Doyle has written many articles for Psychic Life. As a clairvoyant, his research into the lives of great psychics has given him and us some interesting new insights. Thanks, David... editor)

Hello! From the Berkeley Psychic Institute

The Berkeley Psychic Institute is a unique and special organization. It is a safe space for sensitive people to validate and develop their spiritual awareness and abilities. The Institute is growing and expanding all the time and now you can be part of that growth. Berkeley Psychic Institute, 2436 Haste Street, Berkeley, CA 94704

CONTRIBUTING MEMBER

Dues per year: $25.00

Privileges:

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* Psychic Reader Newsletter;
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* Membership card;
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* One private consultation with a bishop of the Church of Divine Man;
* Name on membership brochure;
* Complimentary ticket to the 15th Anniversary Dinner Dance;
* Lifetime on the mailing list;
* Notice of special BPI events.

MAIL TO:
Berkeley Psychic Institute
2436 Haste Street
Berkeley, CA 94704

Name:_____

Address:_____

_____

Hello. Please accept my application for membership in the Berkeley Psychic Institute. I would like the membership indicated below with the privileges thereof:

Contributing	Dues per year:	$ 25.00
Supporting	Dues per year:	$ 50.00
Sustaining	Dues per year:	$ 100.00
Lifetime	Dues:	$1000.00

Please accept the following memberships which I would like to give as gifts.

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Contributing	$ 25.00
Supporting	$ 50.00
Sustaining	$ 100.00
Lifetime	$1000.00

Name:_____

Address:_____

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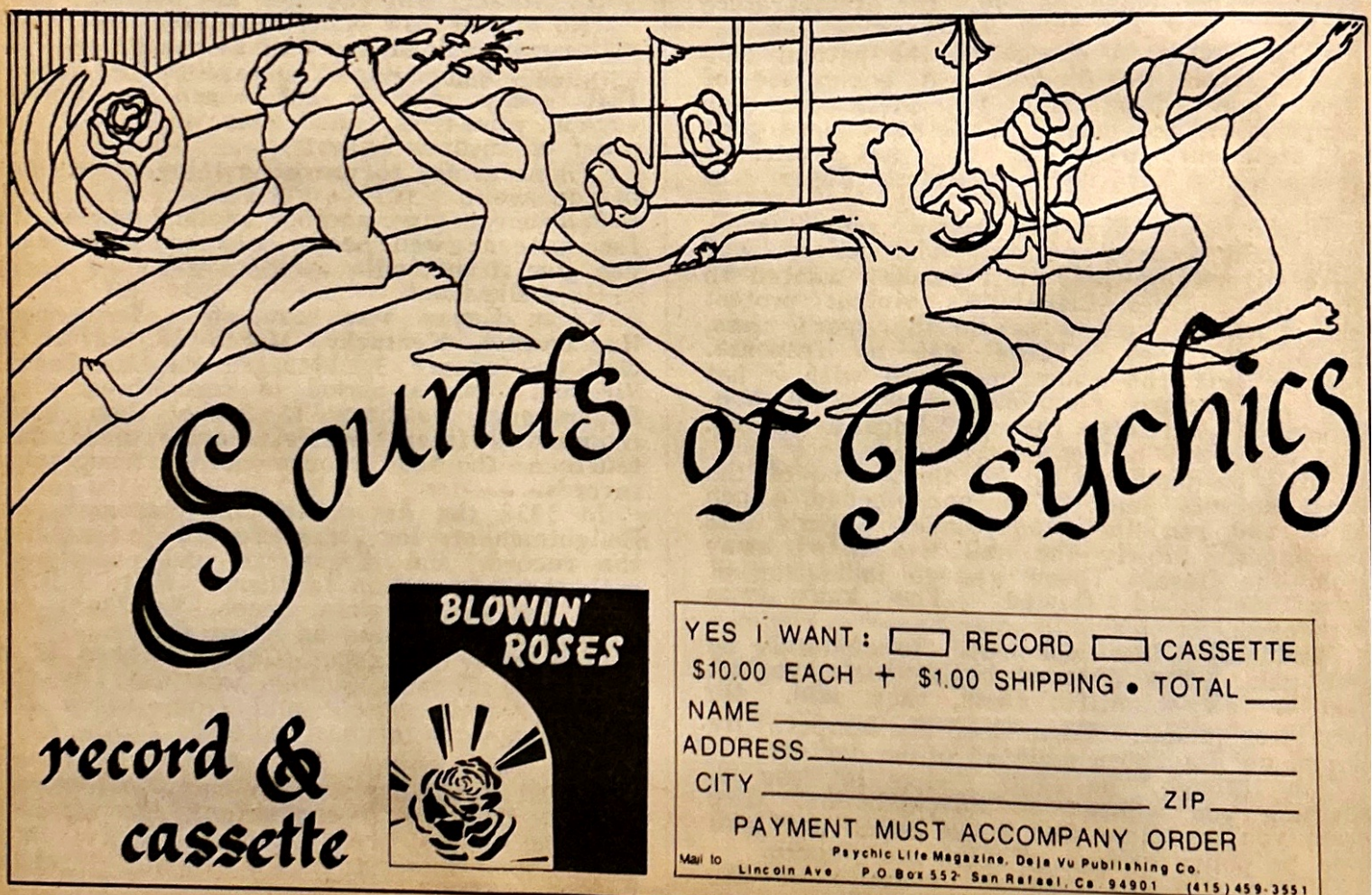
Contributing	$ 25.00
Supporting	$ 50.00
Sustaining	$ 100.00
Lifetime	$1000.00

TOTAL AMOUNT ENCLOSED:_____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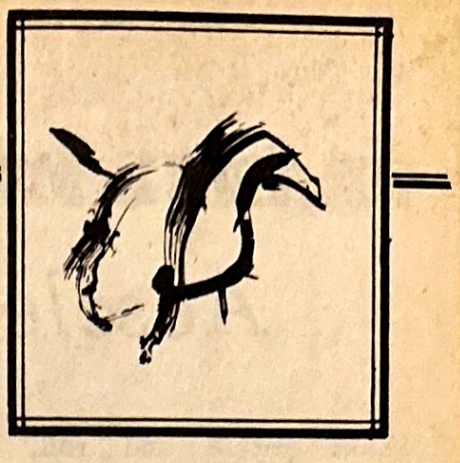
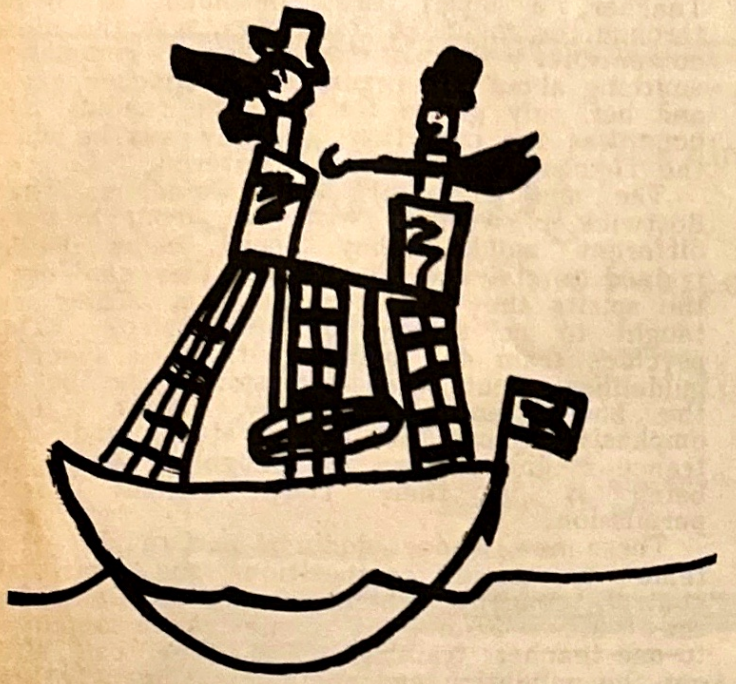
Psychic Children



by Mary Bell

Trance Medium Children: Recognizing the Game



"I didn't do it. I swear I didn't do it. I don't know why you are always yelling at me. I didn't do anything." This is a common scene to a trance medium child. What happens when one spirit leaves its body and allows another spirit inside? Sometimes a child will come back to its body only to find it in a stressful situation. A child may literally not remember having a screaming fit or having torn something up. This child looks at adults or at peers in abject confusion. "What do you mean I just tore that up. I don't remember doing that!"

Trance mediumship is the ability to change or allow another spirit into a body. This ability is common in children. For many children, this ability starts as a game. If they are bored or just don't want to handle a situation it's easy to leave and allow another spirit in. Sometimes a child will get locked into this game. How does a teacher or parent begin to recognize when a child is "gone" or has a trance medium experience?

Here are some examples from classroom situations:

1. A normal child who participates in classroom activities is suddenly quiet, withdraws and just sits there refusing to participate, or stares into space.
2. A student who throws uncontrollable temper tantrums for no apparent reasons.
3. Violence or obscene language that doesn't seem like that child.
4. Children who have seizures, shake uncontrollably or have rapid eye movements.
5. Children who wet their pants--say one or two times a year. Losing physical control of their body.
6. Handicapped children.

At home:

1. When a child is in a dream and can't wake up.
2. A child who has a temper tantrum and is out of control or can't stop.
3. An infant who cries constantly even after its needs are met.
4. A decided voice or behavior change.
5. A smell like that of dirty socks--fear.
6. When no amount of reasoning can persuade a child to cease his activity.
7. Children who cannot mentally or physically handle their bodies.½

Sometimes children are able to tell you what happened to them. Sometimes they remember nothing, but can be coaxed to look at how they felt or what they "saw" when they got invaded by another spirit. How did the spirit make them do things they didn't want to do? The consequences are sometimes hard to bear: "I just destroyed my favorite toy or book. Why did I do that?" or, "I just yelled and kicked my favorite teacher and now she's angry at me.

What is the consequence of allowing another spirit in your body? Learning at an early age, children can be taught the discipline of allowing only their own spirit in their body. ☆

(Mary Bell is the Director of Yin Yang Seminary, designed to give children a place to validate their psychic abilities... editor)

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TRANCE MEDIUM TRAINING GROUND

Aesclepion Healing Center

by Gail Halloran

"Shake rattle and roll," called out a beginning clairvoyant student in the Berkeley Psychic Institute in 1978. This was reveille for others meditating in the classrooms to join in the demonstration about to take place: The trance medium was about to "go in trance", "go out" and "let another being come in." The call was also descriptive of what they would experience. The single trance medium being "worked" that night would visibly vibrate and shake as the spiritual light show began.

The six trance mediums who are currently enrolled in the Aesclepion Healing Center are receiving very different training than any trance medium that Lewis Bostwick, founder and director of the program, has worked with in the past. First of all, there are six of them. Each received over 2-3 years of training as clairvoyants before they began their training as trance mediums. And, they have all chosen to be trance mediums. Most trance mediums don't have that choice.

So why are these psychics being trained so differently than our cliched image of a trance medium; a single person holding court in a darkened room, convulsing slightly with the entry of a new being, unable to remember anything when he returns to his own body? Because in over 20 years of training trance mediums Bostwick has learned a thing or two!

Bostwick has been observing spirits come and go from bodies ever since he was a small child. When he finally understood the significance of his clairvoyant abilities as an adult he was involved in teaching and healing people for whom trance mediumship was a life or death situation. He seemed to attract those who were destined to a life of intimate relationships with strait jackets and thorazine. They also required the security of a one to one relationship between teacher and student. So it was that Bostwick learned one of his first lessons in training trance mediums: Don't be anyone's private psychic.

One of the first trance mediums Bostwick worked with, and in his own opinion one of the most capable psychics he's known, was Donna Flegal. Brought to his house in the middle of the night in a totally out of control fit, another being invading her body and shoving her out, Donna is an example of someone who does not choose to be a trance medium. From that night in 1967 through the next six years, he worked with Donna to help her control her trance mediumship. During the first year he tried bringing some 12-15 beings into Donna's body before he found one called the "the Teacher". He worked with the foods Donna ate to make her body healthy and safe, and he learned which energy levels her body could handle. The Teacher, a spirit she continued to bring through for the next five years, was the most compatible. But Donna did not remember anything about the readings the Teacher gave, and her only gauge for how the reading had gone was the condition her body was in when the Teacher left and she re-entered.

The new class of trance mediums that Bostwick is working with are from a very different mold. They spend years being trained as clairvoyants, so that they can "see" the spirits they are working with. They are taught to be senior to these spirits. The psychics train the spirits with very specific guidelines about when the spirits can be in the bodies and when they cannot. The emphasis is on the latter state, and the trance mediums learn to recognize when any being is in their body without their permission.

These new trance mediums are taught as a team to avoid competition and spiritual control, concepts which weren't available in the old form of one-trance-medium-to-one-teacher training. And they can also get the validation and communication of other psychics who are experiencing very similar things. As a team, they have much better awareness of and control over the many beings who flock to such a training ground. If one person doesn't see something, then someone else will.

But mostly what's different about these people, is that they see the beings they work with as assistants, as aides. These psychics realize that they are spirit, too, and that they have their own information and don't need that of the beings coming through them. They have their freedom as spirits from the trance medium game, and this gives them the freedom to choose to play it, or not. Without this awareness of spirit there is no freedom for the body. But with this awareness, these people are free, whether they are in their bodies or not. And whenever they want, they can move back in and take control. They have seniority as spirits, and with it they have their freedom from the trance medium game.

The Trance Medium Program in San Rafael, Ca., is currently a three to five year agreement of giving and receiving readings, healings, and lectures. As part of the Aesclepion Healing Center, the program offers healings to others who hear voices, experience multiple spirits in their bodies or who have family members with these problems. Individuals interested in any aspect of the Aesclepion Healing Center Trance Medium Program may call (415) 548-8020. ☆

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Roots of Religion
Divine Trance Mediumships

by Gail Halloran

Religion can be a trance medium experience. For some more than others. But the fact that religion by definition deals with mankind's belief in, and communication with, spirit, lends it rather understandably to the realm of trance mediums. A trance medium is someone who allows another spirit to come into the body, working through him, speaking through him or sometimes just causing trouble through him. - through them.

The world's great religions were established by trance mediums. One has only to look at Buddha in his most diverse stages of growth to realize that different beings with very different ideas about how to run a body were coming through him. The Hindu God, Vishnu, manifested himself in a wide variety of bodies, qualifying him as a trance medium of the very first order. Muhammed wrote the Koran as it was revealed to him by Allah through the angel Gabriel, an act that is called automatic writing in current trance medium terminology.

The Bible has uncounted trance mediums described in its pages! When Moses was going to the Pharoah to ask for the freedom of his people, God said "and I will be with thy mouth, and teach thee what thou shalt say." (Exodus 4:12) We call this direct voice trance mediumship, when one spirit speaks through the body of another. When Moses wanted his brother Aaron to do the talking, God said "thou shalt speak unto him, and put words in his mouth: and I will be with thy mouth, and with his mouth." (Exodus 4:15) Dual direct voice trance mediumship! Even Jesus was often filled with the spirit of God. When Jesus was baptized "the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him." (Matthew 3:16) Jesus described his own trance mediumship when he said " I am in the Father, and the Father in me... the Father that dwelleth in me, he doeth the works." (John14:10) But Jesus was in control of his spiritual abilities, including his trance mediumship abilities. He didn't let the kind of beings who like to victimize trance mediums come through him, and he often removed these mischievous spirits from the people he healed. In those days they called this healing an unclean spirit. Today they call it ghostbusters!

In more recent times, many other religions have also been established by trance mediums. Among the most well known of these religions is the Mormon faith, otherwise known as the Church of Jesus Christ of Latter-Day Saints. Joseph Smith, the founder, experienced a series of heavenly visitations by God the Father. Jesus and finally, an angel named Moroni. These visions led him to a se of golden plates, inscribed in a mysterious language, which he translated were complete with the help of two "devices" called Urim and Thummin. Although any good trance medium can tell you that spirits like these don't need any devices to help them come through a willing body.

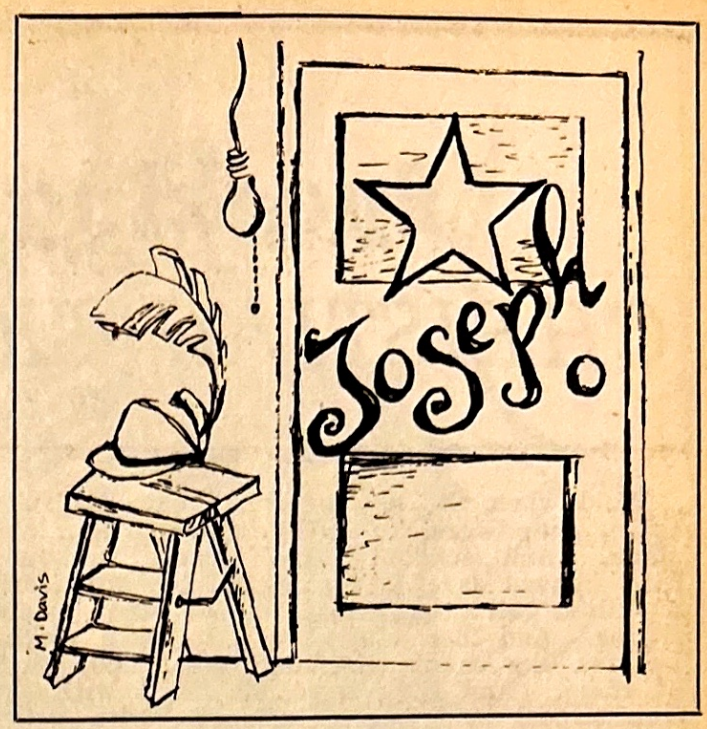
Seventh-Day Adventists follow the teachings, originally, of a man named William Miller. He believed that the Second Coming of Christ was imminent, and predicted it would happen first by 1843, and after that year passed, by Oct. 22, 1844. When both of these dates passed without incident, most of the Adventist followers dispersed. However one branch was kept alive by their belief in keeping the Sabbath (Saturday) holy, as in ancient times, and in their belief that the Second Coming was an ongoing event continuously occurring. These Seventh-Day Adventists were led by a women named Ellen Gould White. She experienced prophetic visions and dreams, which she wrote into the doctrines and pamphlets that gave new life to her church. In particular her divine messages about nutrition and vegetarianism were the basis for the first cereals produced by Dr. John Harvey Kellogg for his Adventist sanitarium in Battle Creek, Michigan. His brother, W. K. Kellogg, built these recipes into the cereal empire of the same name.

Finally, there is Spiritualism, a loosely organized Christian religion at the very base of which is the trance medium experience. Be it direct voice communication, automatic writing or the rapping out of code of messages, the followers of this religion believe in the existence of Spirit without bodies, and their desire to communicate with those of us who do have bodies. Springing up in Western Europe during the late 1800's, Spiritualism was nurtured in the receptive environment created by men like Franz Mesmer, one of the first who experimented with the hypnotic trance. Spiritualism became very popular, and had proponents as well known as Sir Arthur Conan Doyle, gaining great respectability among the scientific and governmental communities. Although its popularity has waned, there are still several very active camps of Spiritualists in the United States, including ones in Lily Dale, N.Y., Ephrata, Pa., Camp Chesterfield, Ind. and Camp Cassadega, Fla. ☆

(Gail Halloran, a graduate of the Berkeley Psychic Institute, has developed her spiritual abilities along with her avid interest in religion. These subjects have taught her a lot about trance mediumship!... editor)

Stardom and Seniority

by Beth Dunlavy



I sat in a large room in Pleasanton observing the students in the Berkeley Psychic Institute's Aesclepion Healing Center Trance Medium Program going into trance and leaving their bodies.

Simon Wirth, 41, tall and slender, was in the middle of the line of seven clairvoyants.

When Joseph, one of Simon's spirit guides came into his body, there was an obvious change in his body and facial demeanor. Simon's face seemed older. He worked his jaw up and down and nodded while speaking. Joseph had different speech patterns than Simon, speaking in eloquent phrases which, when transcribed, defy rules of punctuation.

I had first met Simon Wirth five days earlier to ask him some questions for this article.

Q: Is Joseph eager to come in? Does he prefer some activities -- healings, demos, readings -- over others?

Simon: Joseph is really eager to communicate spirit-to-spirit; he enjoys communicating to people. He really doesn't like to do much healing on people. He wants to allow room for people to heal themselves.

Q: Are there conditions under which Joseph will not appear?

Simon: No. He'll come in sometimes when I don't want him to. I may just be a little out of my body. He'll kind of move in to be helpful. I want him to be helpful by not being that close. When I make it clear to him, he moves right out. "Oh, excuse me," he says. Since he doesn't have a body, he's not aware of space.

Q: Does Joseph enjoy the reaction of people in the room? Does it feel like he's a star or prima donna?

Simon: No. There's a level of attention in a reading when people are giving up seniority to him. They say "solve all my problems" and my body goes into resistance, but Joseph -- he just keeps on talking. He's working on a different energy level. When you bring this to his attention, though, he recognizes it.

Nobody has to know everything about everything. I realize that and so does Joseph. He's got a great sense of humor.

Q: After a trance medium reading or healing do you ever feel like you are the center of attention -- like a star?

Simon: This question has come up because of past experiences; it used to be that Lewis (Lewis S. Bostwick, Founder and Director of the Trance Medium Program - ed.) only trained one person at a time. There was a lot of actor or actress energy around that -- being the only trance medium. You could get sucked into that attention. Working together with other trance mediums -- it's a good approach, I think. Special attention can prevent people from growing.

Q: Do some people -- outside of the Berkeley Psychic Institute -- know you only as a trance medium?

Simon: I'm not trying to drum up business for myself. Keeping my activities within the Trance Medium Program is a part of the whole agreement. Joseph's in agreement with that too. Other people really have their own spiritual information. Joseph getting in there might keep them from realizing that.

I once brought in one other being besides Joseph; one of the great avatars. Lewis didn't like that because people give up their seniority to that. It takes it out of kindergarten. The whole idea is not to bring a special being in, but to communicate with people, remind them of information they have for themselves.

I didn't have the chance to interview Joseph, but at the meeting in Pleasanton five days later, before he began reading, Joseph responded to some of the questions I had put to Simon.

"As I wish not to solve your particular problem myself -- as I would be in communication with you, I would be in communication will all of you tonight that have bodies."

"As my ability to solve your problems as spirit is not as great as your ability to have your own information, it would be ridiculous to assume so. I would not be in the position to communicate with you about that which would solve the problem of the body."

Later, he made a comment that let me know he was well aware of my interview with Simon. "May I ask at this time what the pictures the others in the line are looking at? Otherwise I would become the prima donna and I do not wish this."

During the break I mentioned to Simon that Joseph had made pointed statements about the issue of seniority before he began reading. Simon smiled affectionately. "Yeah, he's a real ham." ☆

(Beth Dunlavy is enrolled in the Clairvoyant Training Program of the Berkeley Psychic Institute... editor)

Speaking in Tongues

CHRISTIAN TRANCE MEDIUMS

by Yvonne Kanis

"And when the day of Pentecost was fully come, they were all with one accord in one place. And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the house where they were sitting. And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. And they were all filled with the Holy Ghost and began to speak with other tongues, as the Spirit gave them utterance." (Acts 2:1-4)

And so it happened as Christ had told the apostles -- they would be baptized with the Holy Spirit and receive power. The power they received that day of Pentecost was the power of speaking in tongues, also called glossolalia. And those around them said: "Hear them speak in our tongue the wonderful works of God." (Acts 5:11)

For the apostles, "tongue speech" meant speaking a foreign language. This gift or power enabled the apostles to make the messages of Christ understood by the great variety of peoples living in early Jerusalem in each of their native languages. This mass episode of glossolalia described above in the book of Acts was performed by the apostles after the death of Christ. All twelve former disciples simultaneously spoke in tongues, converting three thousand people to the teachings of Christ. These converts formed the foundations of the first Christian Church.

According to Augustine, a well respected writer in the Western European Christian world around 300 A.D., glossolalia had no further use than that of the apostles to evangelize. He stated that although speaking in tongues had been used by the apostles and other early Christians, it had served its purpose and had no place in the church of his day. Because tongue speech is not always the speaking of a well-established language, and can also be an utterance of meaningless sounds and words, it was not difficult for people to accept Augustine's view.

Even the Apostle Paul, who had the gift of tongues himself, recognized that this form of communication had its limitations. In his first letter to the Corinthians he said about this phenomenon: "For he that speaketh in an unknown tongue speaketh not unto men, but unto God; for no man understandeth him; howbeit in the spirit he speaketh mysteries." (I Cor 14:2) Later he concluded, "Yet in church I had rather speak five words with my understanding, that by my voice I might teach others also, than ten thousand words in an unknown tongue." (I Cor 14:19)

What happened? How did this "prophetic gift" lose its favor in the Christian church? What seems to have become important, after Christ's message had reached the surrounding lands, was the establishment of the church. How others saw the Christian church as a whole and their acceptance of it became essential. Wild rumors made the rounds about those strange Christians, who were accused of conjuring up crop failures and natural disasters. Tongue-speech, with its usual body release, similar to epileptic fits, was not good for the credibility of the church. Even at that first day of Pentecost people said: "These men are full of new wine." (Acts 2:13).

The church did not negate glossolalia; however it did not mention it either. Although it continued to be openly practiced as late as the year 200 A.D., at that time the practice went underground with a group called Montanists who could not accept the authority of the church and split off from the main church community. They took glossolalia with them for the largest part.

However, throughout history it continued to surface from time to time. St. Hildegard, a German abbess, was known to speak in tongues in the 4th century A.D. St. Vincent Ferrer is said to have used tongue speech to evangelize people in the Alpine regions of Europe, as well as the coastal provinces of Brittany and Flaunders, where the people spoke French or German, although he only knew Spanish. Martin Luther also was said to have had the ability. And in the 17th century the French Hugenots spoke in tongues. During the 1800's and the early 1900's the Shakers and Mormons here in America practiced glossolalia and certain Pentecostal churches still do. To all these people speaking in tongues is seen as the sign, the gift of the Holy Spirit given to men.

To an outsider, tongue speech may sound irrational and may make no sense at all. In an uncontrolled environment it may look like total confusion. However, apparently tongue speech can be controlled by the speaker and an emotional outburst is not necessary for it to occur. In one account read, a practitioner of tongue speech no longer verbally speaks in tongues, but keeps it inside her head only for her to hear and experience.

Tongue speech has been experienced by many people of many different backgrounds and experiences. Those with this ability pray to God that newcomers may receive the gift also, and when they do the experience reportedly brings a sense of liberation and inner joy - a sense of release and a closer communication with the Holy Spirit.

Research into the phenomenon of tongue speech showed that people did not seem to

get scared, by their experiences with glossolalia, but they seemed rather surprised and elated at having had such an experience. Just the usual "I must be crazy" thoughts stood in the way of their enjoyment and total acceptance.

Following are some of the accounts that describe the feelings and thoughts experienced by tongue speakers. These are excerpts from the book "The Inner Ecstacy" by Marcus Bach and "Tongue Speaking" by Morton T. Kelsey:

"Almost immediately out of my mouth began to pour sentence after sentence in a strange language . . . It seemed to come from down in the center, not my mind. An unquestioning assurance that this was God doing His work. The voice which used my lips was different from my own."

"I burst out in an unknown language...my spirit, the inner man was completely in the control of the Holy Spirit."

"I was aware that my lips were moving and that I was mumbling incoherently. Something was using my vocal cords. My voice, God's voice, was speaking. A feeling of being spoken through."

Mainline churches still mostly remain silent regarding speaking in tongues; this translates in practice into a not-so-silent denunciation. Pentecostals and others teach the activity as the gift of God. But the question remains: is it the Holy Spirit speaking through these people or just some errant being with no body of its own to speak through?

(The author's interest in speaking in tongues has been stirred by research on this article. Reader participation is welcomed. Please send any additional information, experiences, bibliography in care of Psychic Life Magazine. Hopefully, additional articles will be forthcoming . . . ed.) ☆

(Yvonne Kanis is a graduate of the Berkeley Psychic Institute and a native of Holland. A clairvoyant and a healer, Yvonne is an Assistant Editor of Psychic Life... editor)

How to Pray

by Rev. Karen Tamura

True Communication

He sat across from me, bony and bent over. He looked about 50. He had a mean expression on his face. His name was Stephan. I closed my eyes and looked at his energy. I was suprised. I saw three spirits. I saw Stephan standing, as a spirit, off to the left of his body. He was a very capable spirit with a tremendous capacity for enjoyment. He was overlapping the body only at the top of the head and over the left eye. This was the only place where he could own the body and be in communication with it. Directly underneath and to the right side was another being; it occupied the top right of the head down to the neck. A second being occupied the rest of the body. It looked back at me. This being was extremely angry. I asked it who it was and it showed me a 55 year old man with a dark suit, rounding with middle age; most of his energy tied up in business. The year was approximately 1889.

What did this have to do with Stephan? He said, "I'm so angry all the time. I haven't worked in months, and every time I do it all falls apart." It was a direct echo of that being. I told him I saw what he was talking about. He thought the whole thing was strange but it felt out of his control.

Each year millions of people find themselves caught up in something and unhappy, because they don't really have any information about what is going on. Stephan had another spirit invading his body and he had no room to create what he wanted. It's like owning your own car and wanting to drive it but someone else is sitting in the driver's seat. You just don't have as much to say about where you want to go.

Many people pray. Did you ever talk to someone else about their prayers, or listen to the radio as people told you what they had heard of God? Did you ever wonder who they were talking to? Did you ever hesitate to pray because you weren't sure anyone was there, or who exactly was the God of your Heart?

In Edgar Cayce's life story "There Is A River" there is a section where Edgar meets an evangelist and asks him if what he is hearing inside his head is of God or of the devil. This is what the evangelist said to him: "The Bible tells us about spirits and about visions. It seems that there is a difference between these things. The Bible speaks of being possessed by spirits and says 'a man or women that hath a familiar spirit, or that is a wizard, shall surely be put to death; they shall stone him with stones, their blood be upon them'. Then it speaks of visions, which seem to be the voices or messengers of good spirits. God tells Aaron and Miriam: 'Hear now my words: if there be a prophet among you, I the Lord will make myself known unto him in a dream.' So it seems that we must be careful to differentiate between one and the other...," says the preacher. Who is to tell that the voice of spirit you hear is truth or lies for you? This is the space between you and the God of your Heart.

In Edgar Cayce's short stewardship with this evangelist he is also given a lesson about hearing the call of God. The evangelist tells him he is making his usual circuit of cities and all the stops are well planned by his managers and advisors. In the middle of the schedule, he announces he must go to London; he has received the call. What has God planned for him in London's streets? Then he hears a small voice in a tenement singing a church song. He climbs the stair to find a small child who is not surprised to meet him. "Oh, I know who you are, because I've heard you, and been praying and praying every day that you would come and preach to us in London." Was this the voice of God or a powerful trancemedium child who has an amazing ability to make a prayer and climb into someone else's head thousands of miles away? Who is to invalidate this evangelist's experience or judge it evil or good? These experiences happen to us all every day. How can we tell who we are listening to?

I have a few suggestions which I use and have seen used by other psychics. The first is that I believe that God has granted each of us the right to have our own space, our own ways of looking at things and experience our own growth. He allows each of us that right each day. If you find that you have lost that sense of choice, you are probably talking to someone else. I also believe that God created this planet in enthusiasm and amusement. I believe that each person has the right to look at God and also at the God of their own hearts and ask this question for themselves. The best time to ask these questions is when you are happy, because you are then most yourself. ☆

(Karen Tamura has chosen to be the Director of Churches for the Church of Divine Man. Karen communicates with the God of her heart frequently, and has also been known to be happy quite often. Could this be a coincidence?!... editor)

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__Single
__Divorced

Income per year:
__$5,000 to $10,000
__$10,000 to $15,000
__$15,000 to $25,000
__$25,000 or more

Education:
__Less than high school
__High school graduate
__Some college
__College graduate
__Post graduate

Do you have any children? __Yes __No

If yes, how many? _____, Ages _____

Where did you get Psychic Life Magazine?
__Subscription __Newstand __Health/
__Friend __Other __Food Store

What prompted you to buy Psychic Life?

_____

_____

_____

Do you actively use your psychic abilities?

__Yes __No

Do you practice any form of meditation?

__Yes __No

What is the general subject matter of the books you buy?

_____

_____

_____

Do you ever order merchandise by mail?

__Yes __No

Have you ever had a psychic reading?

__Yes __No

What kind?
__Tarot
__Palm
__Aura
__Future
__Astrology
Other _____

Do you use alternative medical services?

__Yes __No

If yes, what kind?
__Chiropractic
__Wholistic health
__Homeopathic
__Accupressure/puncture
__Massage
__Psychic healing
__Herbal therapy
__Naturopathic
__Your own style
Other _____

_____

_____

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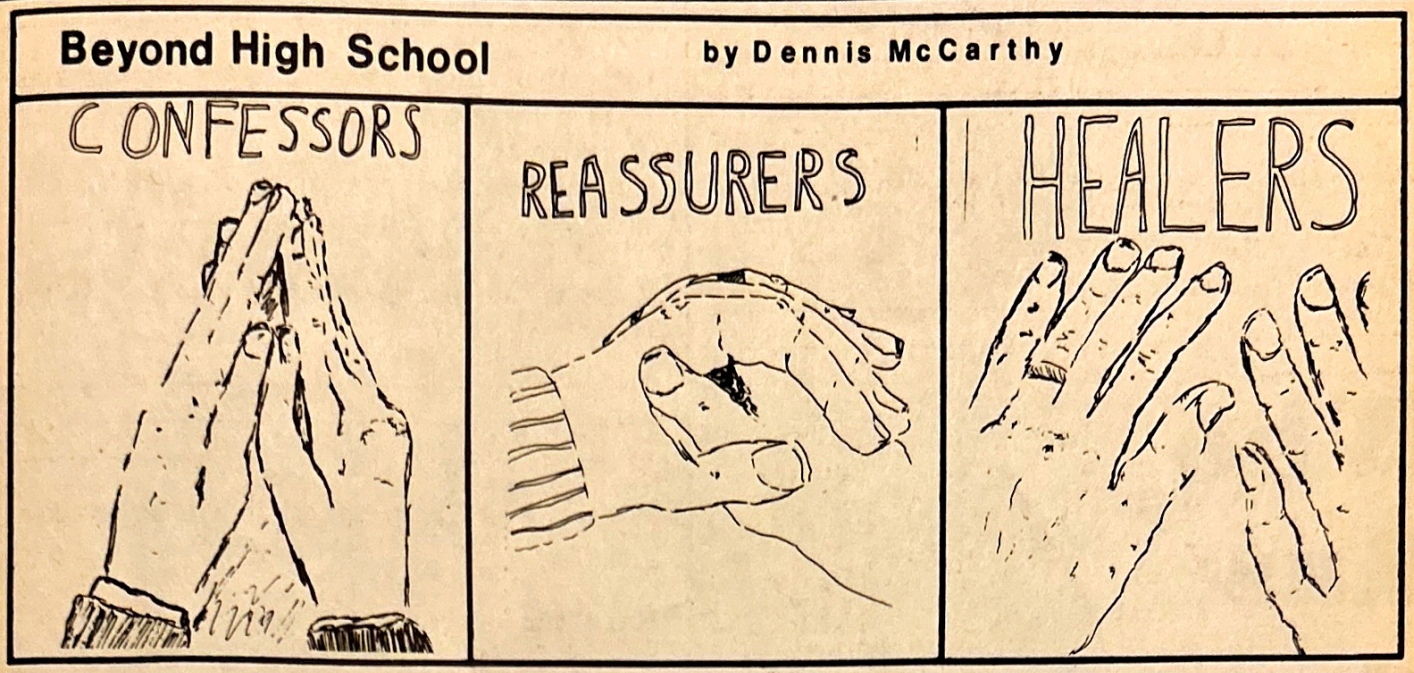
Heavenly Humor

Beyond High School by Dennis McCarthy



TRIVIA QUIZ

by Jim Stephenson

This blind seer gave a reading to Oedipus, King of Thebes and told him his mother was in his space (and vice versa). Oedipus didn't want to hear it. Who was this famous seer?

This beer-bellied baseball hall-of-famer used his precognition (the ability to know the future) in game three of the World Series in 1932. He pointed to a distant spot in the bleachers, then hit the next pitch for a home run to the very spot.

A peasant girl who saw visions of three saints who guided her her whole life. At the age of eighteen she led French armies to victory over the English and crowned Charles VII King of France. Who was she? Who were her three guides? (extra credit)

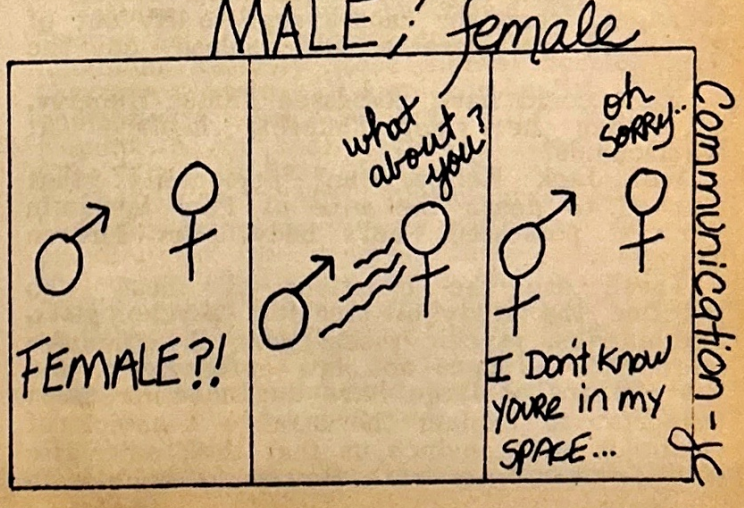
Daughter of the King of Troy, she received the gift of prophecy from the god Apollo by promising to sleep with him. She reneged on her promise and Apollo fixed it so no one would believe her.

A world famous magician and escape artist, this man led a personal crusade "exposing" psychics and mediums. He died from a single blow of a fist to his stomach. Who was he? Did he and his assailant have some past life karma?

A French peasant girl of 14, she saw repeated visions of the Virgin Mary. She lived in the city of Lourdes, which became a great healing center because of her.

Answers: 1. Tiresias 2. Babe Ruth 3. Joan of Arc (St. Michael, St. Catherine of Alexandria, St. Margaret of Antioch) 4. Cassandra 5. Houdini, Yes 6. Bernadette

NEXT ISSUE'S QUIZ: PROPHETIC DREAMERS



Multiple Personalities

Who Has the Cure?

by Susan Hull Bostwick

Ever since the Salem witch hunts, scientists have been trying to find out what possesses people.

Whatever possessed Dee Goldman, quiet mother of four, to live out the lives of nine others from a sex bomb to a computer student?

What possessed Christine Fallings, the teenage babysitter, when each of five small children died mysteriously in her care?

What could have possessed Tina Resch, a teenager, when she causes eggs to fly out of a closed refrigerator and splash on the ceiling?

What could have possessed James Huberty, 41, when he went "hunting humans" at MacDonalds?

Will Jack Kelley, the "personality" that clubbed to death the wife of Paul Miskimin when it possessed Paul's body, ever surface again?

These are the questions of those who practice the study of studying: psychologists, psychiatrics, psychic researchers, investigative journalists. Judges and law enforcement and the citizens at large have depended on these "experts" to explain the strange behavior of criminals and convince us that their scientific results produce a truth for us to believe in and reason to forgive a horrific act.

The problem is that their answers satisfy only a judicial requirement, are truth for few and salve the conscience of none. For who doesn't ask herself or himself: Is there a Killer inside me? Could another personality enter my body and cause me to do things such as rape or kill that I would never, ever do? Did society just let someone go free because "Jack told me to do it?"

Yet, there is a dichotomy here. The brother of Jack's victim, a sheriff, proclaimed on ABC TV that he would like to bait Paul and challenge the killer that was Paul Miskimin to come out and grapple with this thing man to man. Another brother wants to let Paul heal himself of being the victim of Jack's violence. This dichotomy may well represent the populace. A 1980 Gallup poll credits more than half the country with a belief in angels, according to Science Digest, June 1981. Also 39 percent who believe in devils may agree with the brother who wants the evil side of Paul to be recognized as not under his control.

Science has offered no answers. Yet, science only scoffs at the answers, miracles and work of religion in this arena, when possibly religion alone has the answers. For

eons of time shamans, holy men, healers, ministers, priests and people of the clergy have been keenly aware of the dark side of the human spirit. No experts in Multiple Personality Defects, MPD, have been reported to share the limelight with an exorcist or expert in spirit invasions. (With the possible exception of Dr. Ralph Allison, leading expert on MPD who appeared on ABC's "60 Minutes" recently and spoke of a case of possible possession by evil spirits. Even Dr. Allison, who admitted that research dictates that "40% of American public believe in the possibility of "evil possesion", indicated that taking an evil spirit out does not take out the alter personality.)

Although MD's may consult exorcists, few are known to grant them the space to do their work on an equal basis with the scientific community or even be in full cooperation with them.

Exorcism, the act of removing a foul entity from a human body and soul, was dramatized and legitimatized by Christ and carried on through various orders. Today the Church of England licenses exorcists. It is a specialized craft. In the Church of Divine Man of Berkeley, Ca. it is taught in the beginning meditation classes as removing foreign energy. It has been made a simple, mechanical tool that anyone can learn. In this church, exorcism is so routine that the word has become archaic.

The stories of the criminals with MPD are now famous. Billy Milligan had a gangster, a child, a Briton self taught in physics and chemistry among his 24. He was found innocent by reasons of insanity in 1978 and declared a multiple personality who was not responsible for what the personality Adalana, a lesbian, did when he raped three coeds. Today he is confined to a Dayton, Ohio, maximum security state mental hospital until the more violent Ragen personality can be controlled. (See Psychic Life Volume 4 Number 6 for book review of Daniel Keyes, "The Minds of Billy Milligan").

The recent ABC documentary on Paul Miskimin brings to view a truth that has been puzzling to the experts: these people don't remember what they did. And according to ABC's report there were only 200 known multiple personalities in 1979. Today there are more than 2,000 in the U.S. alone. The researchers contend that there are even more than is commonly believed. Not all, they say are criminal.

The story of "Eric" with 27 personalities

was told in 1980 by Bob Hiles of Orlando (Florida) Sentinel newspaper. "Eric is the blind Jeffrey; the sinister T.K.; Robert, the intellectual; Tina, the slinky seductress; and Mark, the angry enforcer." When found as the babbling child personality Mark, he had done nothing wrong. One of his personalities had confessed to writing bad checks, but this is not what brought "Eric" to the attention of psychologists. He had acted and talked strangely. (see sidebar.)

The ABC documentary also showed a non-criminal multiple personality case, "Anna" who could become a chocolate eating four-year old in a split second and not recall she had done so. This is similar to Edgar Cayce, the famous sleeping clairvoyant who laid down on the couch, falls asleep for hours and awakes with no knowledge of having given superlative diagnoses (verified by the doctors) and suggested treatments with chemicals and herbals the awake Cayce never heard of.

"Forty percent of the American public believes in the possibility of 'evil possession'."

The Very Right Reverend Doctor Lewis Bostwick, founder of the Berkeley Psychic Institute, who has 15 years experience healing and training people with the ability to allow separate entities into their bodies, says that the real problem is semantics:

"Since we have so-called freedom of religion, it's as if religion and the Bible were in a scroll, and out of this scroll, one paragraph, one sentence, one phrase, constitutes a scientific study. Since everyone has the freedom to interpret this phrase, and to intellectualize it, from the man who believes it, to the man who lives it, to the man it destroys, to the man who controls it, nobody can talk about it because there is no common language. (There are 250 million people in the U.S. that have as many opinions about one word: Love.)

"From the very high scientific level to the splitting of a cell, what goes wrong, what goes right? From where I sit this is controlled by spirit. Everyone interprets this spirit through a body with separate fingerprints. Or each is a unique experience of how he expresses with the tool that allows him to create the miracles from taking life away to giving life. So how can we expect to convince a giver of human laws to be able to write a fair and equitable rule to govern 250 million experiences?

"This question about multiple spirits in a body is a 'Catch 22'. If we had the correct kind of language and communication ability, we would find in almost every family the one we don't talk about. It may be the matriarch grandmother who controls and programs (mental hypnotic commands into a person without their awareness) to the granddaughter who is married and hides in the bathroom all day long or to a family who helps her hide because she hears these voices in her head.

"When these people are brought out from hiding and asked why they didn't go get medical help, the common complaint is they insult me and say that I'm lying because they don't hear anyone in their head, or no one ever hypnotized them in their sleep, and I know my grandmother was in my body controlling me. What about my five year old child who doesn't like to be reprimanded, and I can't talk around this child because it feels like it's right in my throat'.

"I love the answer, 'pure unfounded imagination'; 'no reality'; 'unreal'; 'how could that person be so stupid'. What happens to the person who uttered those remarks about the troubled person? Could there be a deep down fear in the psychologist that it is going to happen to him or her?

"So it seems to me it is best to be on an offensive defense to create that none of this is so. Nothing in the Bible is true. Nothing about the little old ladies in England who produce ectoplasm is true: it's all a trick. History of this phenomoma goes back to the oracles which gave the same messages then, who give the same message now for the future: The Stock Market Is Going Up. The Weather For This Week Will Be Cloudy, Then Rainy, Then Clear. But because you can't predict earth quakes in a scientific way, psychics are frauds." ☆

A Case of Insanity

He was not the criminal you hear about in the insanity plea cases where the plaintiff claims "God told me to kill." He was a Texas chemical company supervisor who was without a name when they found him in 1980 in the woods behind a department store, babbling like a child.

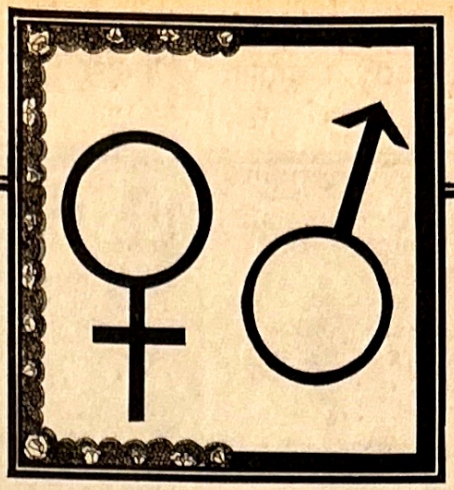
One of his persons told police his father smuggled drugs and beaf him and killed his mother. He said he had been a prisoner of his father's for 20 years. His "true" self didn't know the others were using his body.

The face dramatically changes, voice is noticeably altered when one of the others comes through. One even dyed Eric's hair purple and went to punk rock bars.

He has experienced the German-speaking Max; the Spanish speaking Pete; Phillip, the legal expert; Tina, the 20 year old prostitute; Maria, the 48 year old house keeper; Rachel, the lesbian; and Jeffrey, who is blind, has had major tests of fakery tried on him by psychologists with bright lights and other tricks.

The only trick the psychologists don't try is the one of confronting the multiple spirits with who they are - visitors, uninvited guests with bad manners - and using the tools of the experts on spirit invasions. But, of course, they can't. They don't believe in spirit and the process is unscientific. The only place where people can go for this kind of help is the Berkeley Psychic Institute, 2436 Haste St., Berkeley, Ca 94704, (415) 548-8020. ☆

Female



Male

Be in the Driver's Seat

Who Are You Tonight?

In the last issue of Psychic Life, I talked about trance mediumship and how it can relate to energy disturbances labeled medical problems. This time I'd like to discuss the confusion between female creative energy and trance medium energy.

We are all spirit in a body. Female bodies have baby making machinery, that reproductive equipment that makes them a mini-industrial center. The creative energy that emanates from this is a high vibration. When this energy is running full tilt, without the benefit of grounding to anchor the body, it can give almost a sound like a high pitched ring. A lot of heat may emanate from the woman's body and she may be flushed.

When looking at a woman clairvoyantly who is running creative energy out of control there is a lot of swirling confusion and disjointed energy in her space and the colors of her aura may run together or seem ill defined. The woman herself may feel restless or anxious. Are you amused if this sounds familiar? Have you gotten into a project that you forgot all time and space and just kept going, forgetting food and even sleep? Hello!

Very often these energy levels fit the picture of trance medium energy. It makes you forget about the body. With trance mediumship in a female body, the visiting being or spirit that takes over the body will often use it with little or no regard. Much like loaning your car to someone who is careless. He may put in the wrong fuel, drive recklessly and overheat the engine; they might even get into an accident. YOU, the owner of that vehicle, are left with the responsibility for that body. You have to repair the damages and pay any tickets or fines.

Some invading beings turn up the creative energy like driving a Nash Rambler as if it were a Ferrari, just for thrills. Others will turn it way down or off, like letting a car sit with the lights on and the battery runs down. With the former, the woman becomes exhausted or burned out. With the latter she has inertia, depression. Pretty interesting game.

A woman's own high level of creative energy, when grounded, feels good and is a healing. It doesn't cause anxiety or nervousness. Simple grounding and a Hello to that energy is the key. ☆

Rev. Carol Tracy

(Carol Tracy is the Director of the Women's Healing Center of Marin... editor)

Talking about living with a female trance medium is a topic varied and wild. What we have here is an interview with a man whose wife has trance medium abilities.

PL: When it is said your wife is a trance medium, what does that mean to you?

Joe: Well. It means that sometimes the spirit that is Jane is not there, that is in the body, and one or more different spirits are.

PL: That must be pretty strange.

Joe: It has its moments. It's usually not as dramatic as TV or the media would have it. She's not really the shake rattle and roll type.

PL: How do her abilities affect your communication?

Joe: In some ways it makes it better, more of a challenge, I would say. I learn to recognize and be in communication with the being that is Jane, the one I am in affinity and have my agreements with. I learn to say hello to her and recognize when other spirits are in her body and space.

PL: How do you see her abilities affect her?

Joe: First I see she has different sets of questions about herself, i.e., "Is this my energy or that of another spirit?" I notice she runs a very high energy level for the most part and is sometimes apt to fly off the handle so to speak. She loses her space if she doesn't take care of her body. She also has a lot of experience on how spirit affects her body.

PL: Is your male energy affected by her abilities?

Joe: There are times when things get a bit crazy. I see Jane as sometimes looking at her trance mediumship, a very high energy, as better than or similar to her female energy. If I match this or allow myself to be part of it I start to go a little berserk. I can't think, do, or be, and everything seems very complicated. It's at this time that I need to realize this energy is not my problem and to find my space as a man.

PL: Any communication to men who are living with female trance mediums?

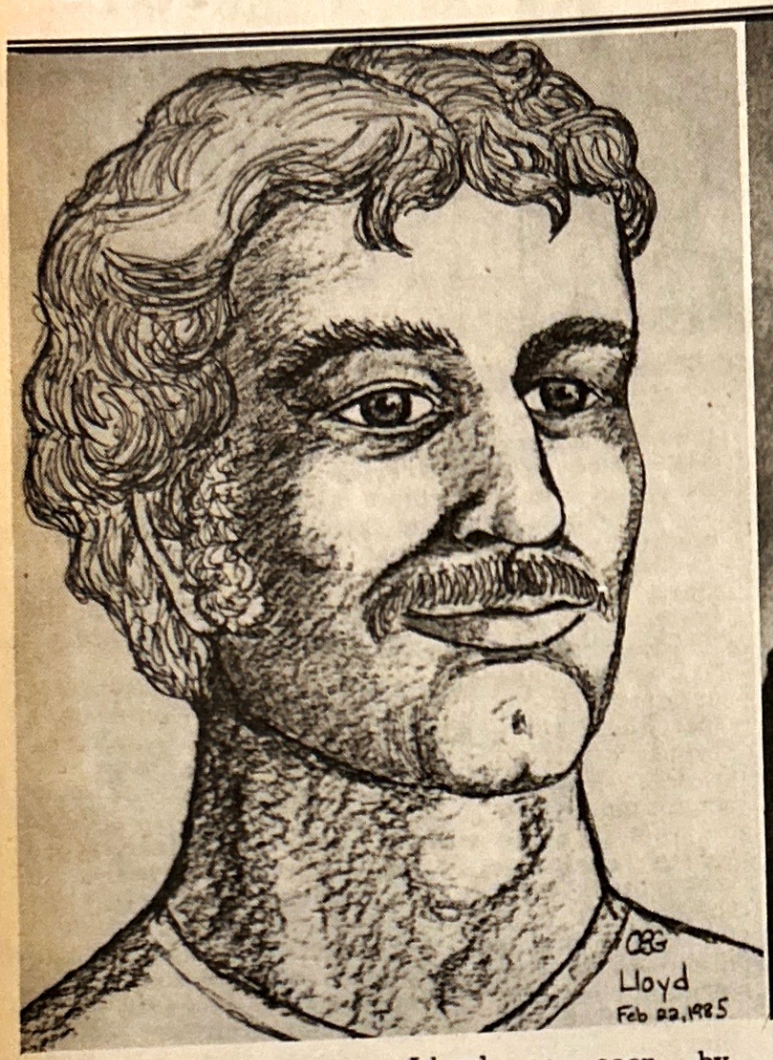
Joe: Be amused, say hello to the spirit with whom you are in communication, hopefully it's the one who owns the body, and know that as a man you don't have to be in the same space to communicate with her. ☆

Richard Lawrence

(Richard Lawrence is the Director of the Men's Healing Program. He will be lecturing in June in Hawaii on "Being Male on a Female Planet"... editor)

Spirit Guide

by Caitilin Goodsell



The healing master Lloyd as seen by clairvoyant Caitilin Goodsell, 1985.

David Lloyd George, 1890, at age 27.

A Healing Master in His Prime

Terry J. is a student at the Berkeley Psychic Institute of Santa Rosa, and recently took a class in Spiritual Healing, during which he learned to work with a spirit guide known as a "healing master" to do healings. He decided to give his healing master and himself some validation by having me draw a portrait of this guide, whose name, he said, was "Lloyd."

When I went into trance to look clairvoyantly at Lloyd's valence (appearance) I saw an image of a robust man in his late 20's, whose clothing and hairstyle I associated with England around 1890. As I was drawing, Terry commented that he had received readings on Lloyd before, and asked me to confirm whether this spirit had been David Lloyd George in his last past life, as he had been told. I saw Lloyd's energy light up as a bright blue-green even as the question was asked, which told me that the information was true--he had indeed been David Lloyd George, Prime Minister of England, born in 1863.

I asked Lloyd why he had chosen to become a healing master. He said that in the midst of his ambitions to solve his country's problems, and being swamped with others' attention and ideas, he had lost sight of his own spiritual goals and information. He wanted this opportunity to relearn how to communicate to others and affect changes while maintaining his own integrity.

A few days later Terry brought me a history of England, and showed me the photo of David Lloyd George which is reproduced at the head of this article, along with my portrait of Lloyd as I saw him. He would have been 27 in 1890; he was in his mid-30's at the time the photograph was taken. I leave it to the reader to reach his own conclusions. What I got was a tremendous validation as a clairvoyant and as an artist.

(Caitilin Goodsell has been reading spirit guides for years. She is currently the Co-Director of the Berkeley Psychic Institute of Santa Rosa, as well as a meditation teacher, an artist and a clairvoyant... editor)

Psychic Healing

You Do It Yourself

by Shelley Hodgen

Be Amused Not Abused

Going for the jugular. This saying is not only for dog fights and wrestling matches. Sometimes an errant being attacks a body only in the fifth (throat) chakra. When you notice this in someone else you might be witnessing any number of trance medium show-stoppers:

* Voice intonation changes
* phrases that are someone else's
* automatic writing
* amnesia
* seizures

What happens to a healer or a very sensitive person who is around another when this is happening to them? Before I became involved in psychic healing and became aware of how sensitive I am, I worked for several years in camps, State hospitals, and residential treatment centers with children and adults labeled "socially unacceptable" or "mentally unfit." Many of them had seizures or extreme personality and mood changes. I realize now that they had a spiritual problem--their trance mediumship was out of control and they were caught in a constant battle over the control of the body with the beings around them. Not knowing this at the time I was often in a state of confusion.

One day I asked a usually gentle quiet lady if she would like to go to a concert. As I was talking to her she suddenly began to shake slightly and her eyes glazed over, full of violence and hatred. To this day I feel fortunate that there was a counter between her and me as she screamed and jumped at me trying to scratch my eyes out. Another incident happened with an older man labeled "crazy" who used to enjoy going on walks with me and who one day suddenly tried to push me under an oncoming car.

These are extreme cases, but in the past several years since becoming a psychic healer, I have given spiritual counseling to many sensitive people who have to deal with friends and family with this same spiritual problem.

These sensitive people--who are often healers--have become confused, drained, afraid, emotionally hurt, and often anxious trying to figure out what was happening. At one time what they say or do may result in good communication, while the next moment this same action might result in anger and resentment.

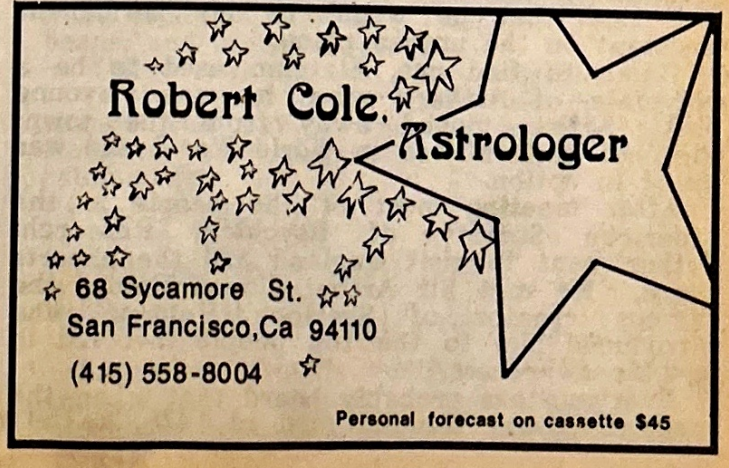
How does a healer learn to deal with this spiritual problem? Sometimes a first step is to recognize what is happening--that another being is trying to take over that body. Then:

* ask the person: "what is your name?"
* decide not to be abused
* decide not to "play the game"
* ground yourself
* get amused

Healers often bring about their own downfall by taking much abuse from these people. Grounding, an energy connection between you and the planet, is a very important tool to use--it is much harder for a being to take over a body that is grounded. Amusement is another very important ability. It is much easier for a being to take over a body that is in pain, fear, or anger than one that is amused.

Once, I was teaching a class of ten beginning healers when one student began to shake violently and cry hysterically. I immediately recognized the symptoms; another being was starting to take over her body. Also all the other students began to match that energy and got into fear. I grounded, found some amusement, said hello to that being taking over Sue's body, and started to ground her body and kick out the being. Ten minutes later the Sue we knew was back in class. My other students learned much that night about grounding and amusement. Sue is now learning how to get this problem under control, as other people can learn to do also. ☆

(Shelley Hodgen is the Director of the Berkeley Psychic Institute of Sacramento. Her specialty as a psychic has been teaching people how to heal themselves... editor)



A ONE-OF-A-KIND FORD

by Cree West

Arthur Ford went into a trance state similar to the one shown here when he did healings or psychic readings.

"There is nothing so strange as the way the strangeness wears off the strange." This is a quote from the famous trance medium, Arthur Ford. It is taken from his autobiography, "Nothing So Strange."

As a child, Arthur says he doesn't remember having any psychic experiences. However he was often aware of what people were going to say and what they were thinking when they did not speak. He also recognized untruthfulness and wondered why people bothered to lie when it was so apparent that they were not being honest, yet other people were often deceived.

When Arthur was a young officer at an army camp during World War I, he awoke one morning with the image of a roster of the names of the army boys who had died during the night. It was his duty to pick up the roster from the adjutant's office and he found, that not only were the names the ones he had seen, but that they were in the exact order he had seen them.

The armistice was signed and Arthur went back to college to become a minister.

After his experiences in the war, he became very interested in psychic research and experimentation and was introduced to the American Society of Psychical Research and the researchers and mediums of repute.

Arthur started lecturing at the first spiritualist church of New York City. As his public work increased, he used to wish that there were some way to hold back the crowds of "discarnets" (meaning spirits that don't have bodies), who pressed about him. Sometimes he saw them, sometimes he felt them but either way there were too many of them. It was at this point in 1924, when Arthur was in trance, that an invisible personality announced himself as "Fletcher" and said that he would be his permanent assistant on the unseen plane.

Come to find out, Fletcher used to be a playmate of Arthur's when he was a young boy. Arthur moved away from the town; Fletcher had enlisted in World War I and was killed in action.

After meeting most of the people in the American Society of Psychical Research, Arthur went to visit England and the experts there. He met Sir Arthur Conan Doyle, the famous creator of Sherlock Holmes, who introduced him to the top people involved in psychic awareness.

Everyone has probably heard that when the magician Harry Houdini died in 1926, he left a widely publicized message that if there were anything to the claim for survival after death, he would get through to his wife, Bessie, with a code message which only she could decipher.

Well on the evening of February 8, 1928, Fletcher announced that Houdini's mother was there, and that she had a message. "For many years, my son waited for one word which I was to send back. He always said if he could get it, he would believe. He and his wife were the only ones who knew the word. The word is "forgive."

People took the message to Betrice Houdini, Harry's wife. She was completely amazed and made a public statement that "this was the sole communication received among thousands up to that time, containing the one secret key-word known only to Houdini, his mother, and herself.

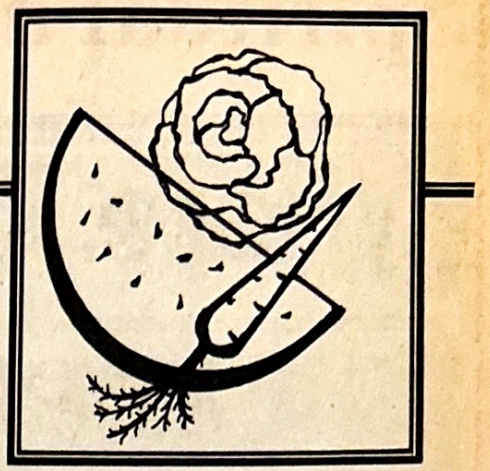
In November, 1928, Houdini himself came through Fletcher. The spelling out of his entire message took a portion of eight separate sittings covering a period of two and one half months. Mrs. Houdini was notified and made another announcement: "Regardless of any statements made to the contrary, I wish to declare that the message, in its entirety and in the agreed upon sequence, given to me by Arthur Ford, is the correct message pre-arranged between Mr. Houdini and myself." His reputation was already made in inner circles, but this communication made him famous with the public as well.

There is much more to Arthur Ford's life story however it might be fun to leave that for you to discover for yourself.

One thing for sure, Arthur Ford did so much to help establish high standards of professional mediumship, he is truly one of the major league trance mediums.

(Cree West wrote "Nostradamus, Psychic and Healer" in our last issue. She has great enthusiasm both as a psychic and a writer, Keep the articles coming!... editor)

Food for Psychics



by Michael Kolack

Of Cows and Calcium

"Drink your milk, it's good for you." How many times did you hear that as a child? Your mother was right (aren't they always?). The ingredient in milk that makes it so good, as we all know, is the mineral calcium. In fact, there is more calcium in the body than any other mineral, and 99 percent of the calcium is stored in the bones and teeth. It's the calcium in the bones, along with phosphorous, that gives bones their strength.

We need healthy bones for: protection of more vulnerable parts of the body; movement by giving the muscles a place to attach; production of red blood corpuscles, white blood cells and platelets in the red bone marrow.

The calcium and other minerals stored in the bones are used by the body in many ways. If there is not enough calcium in our diet, the body starts using the stored mineral in the bones and teeth.

When I look at this problem on an energy level I notice the body's programming. The strongest programming the body has is to survive. This survival programming can override everything else. An example of this is when we are freezing, the heat in the body goes to the parts of the body that are necessary for life. We can live without fingers, toes and ears, so these are the first to go. In the same way, calcium is necessary in the function of the cardiovascular and nervous systems. We can live with soft bones, not without our heart and nerves.

People who eat a calcium poor diet take the chance of having problems later in life. The first bone usually affected is the jaw bone. When this bone deteriorates, dentists call it periodontal disease. The first signs of this are loose teeth and bleeding gums. After 60 the problem is brittle bones. This is called by doctors, osteoporosis. This is the cause of older people having so many hip and spinal fractures.

"Every year we reabsorb and replace about 20 percent of our bone calcium, which is why we need calcium all through our life," says Dr. Jean Mayer, formerly Professor of Nutrition at Harvard University. "Without calcium the heart cannot maintain a normal beat. Calcium is needed to convert food to energy, for blood clotting, and the ability of cells to absorb nourishment. Calcium is also essential for the transmission of nerve impulses." (1)

According to Dr. Ioannis S. Scarpaetal in Sourcebook on Food and Nutrition, without calcium your muscles cannot contract. "That's why calcium can ease muscle cramps, backaches and arthritic pain." (2)

Under stress we all lose calcium in the urine, and calcium helps us deal with stress. Calcium along with magnesium have been called nature's tranquilizers. Remember the warm milk to help us sleep.

The best sources of calcium are milk and milk products, sardines, salmon, nuts, seeds, beans, and green vegetables.

While working on your spiritual growth, remember your body and the growth and change you put it through as you take it along on your path. Ask if it wants more calcium. ☆

References:
1) Better Nutrition
Vol. 44, No. 4, April 1984
2) Better Nutrition
Vol. 44, No. 9, September 1984

(Becoming friends with your body, and communicating with it, is something Michael Kolack has been teaching for years... editor)

Spiritual Marketplace

Where To Find A Psychic

Photo by Lou Schuler

The groups or individuals listed here were chosen by the editors because they define themselves as psychics and teach or give readings.

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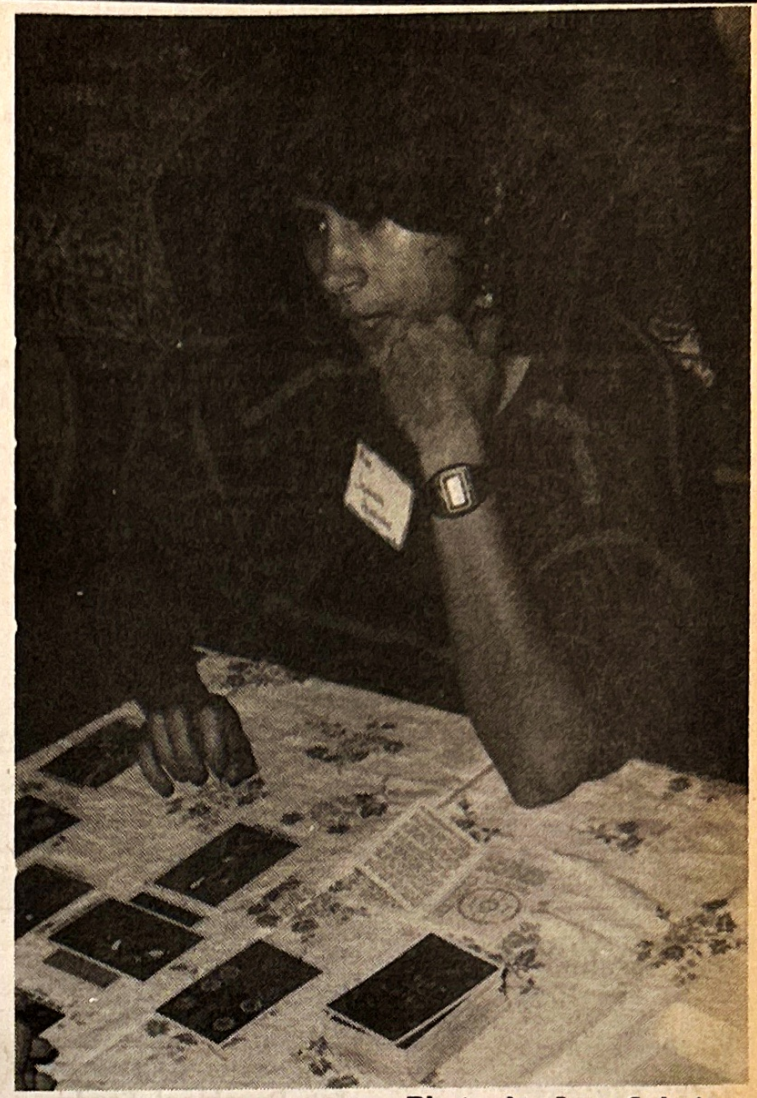

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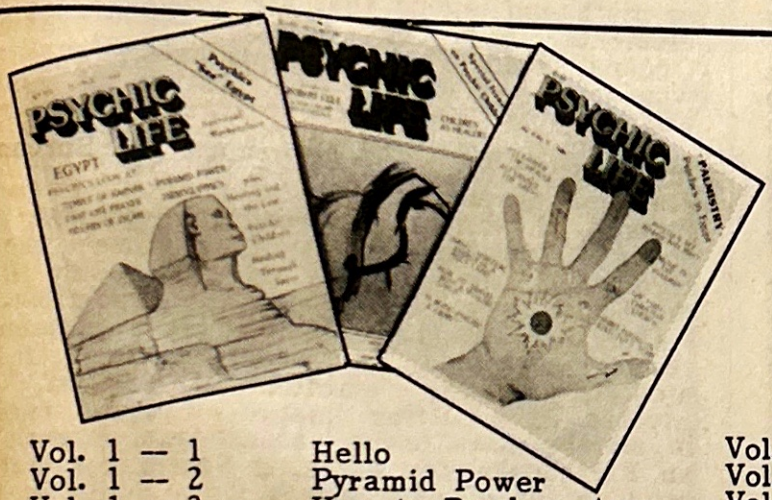

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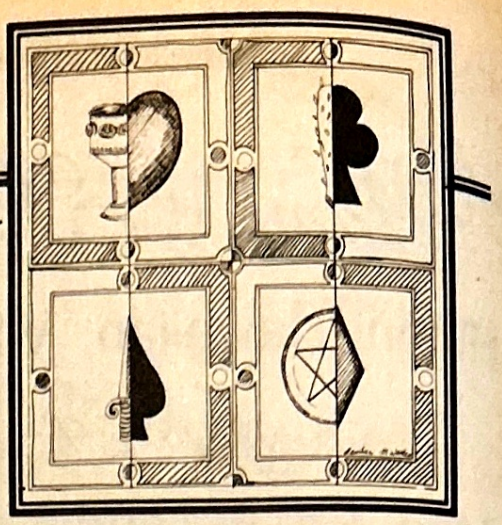

Tarot and Circles

Birth and Life and Death . . . these are the basic kernels of truth in the complex weavings of myth and symbol. In the rational, linear world these experiences are symbolized in a framework of two; a diad that is at once linear and conflicted: Life vs. Death.

The Life/Death diad creates a pain state automatically. One must be either dead or alive, and there is no passageway in between except unknowingness and terror. Observe the violent styles of birthing and dying we engage in, nowadays . . .

Birth/Life/Death is a triad, and therefore a circle. One leads inexorably to the next. This basic thoughtform generates a whole different reality. Triads give us flow, connection, circular energy. Introduction of circular structures, i.e. the circle of human cooperation, can change the world.

Not only in the material world. But in both -simultaneously. More and more we are coming together as a planet as we begin to think together about the same things. Pulls our consciousnesses together. We are starting to understand how the media there is in that, and how it affects the future and our destinies.

When I began to work on a new Tarot system, these were some of the ideas that were buzzing in my head. Most of the basic changes I made were to bring out this circular idea. It dawned on me that Tarot cards are like a subtle sort of media that connects people through archetypal or universal symbols. This meant that they could be used to change the world.

First of all, I knew that if I ever made a Tarot deck on my own, I wanted them to be round. I could feel in my bones how natural and right this was. I could sense those powerful old images as though they were locked into square boxes, and how putting them into circles would liberate them, send them spinning into a kind of psychic orbit. It seemed right for the times.

The cards could also be more female. There are some beautiful and powerful goddesses in the old Tarot, but there seemed to be a predominance of male energy in authoritarian power. Having fallen in love with the Divine Feminine, I introduced many goddesses into my deck, plus an image of the Horned One, a soft, loving Divine Male.

Another thing that bothered me about older decks was the hierarchies of "major" and "minor" arcana, and the court cards. "Major" meant the greater mysteries or deeper aspects of existence, and "minor" meant more everyday things. I felt that this was a linear split. For the non-linear world of the future, I felt we needed a deck that could express more flow between the spiritual and the mundane. And so I came up with the idea of applying the five elements of the pentagram: spirit, air, fire, water, and earth. Now all suits can flow in and out of one another more freely. The old Swords have become the "Air Cards," the Wands are now "Fire Cards," and so on.

Instead of Kings and Queens and Knights and Pages, I decided to introduce Maiden, Mother and Crone Goddesses. This worked nicely with the elements, and also with astrology signs, as there are many goddesses in myth and legend that are connected to the elements and the stars. For example, Oceana, Goddess of the deep waters, makes a wonderful symbol for the Mother of Water and the sign of Cancer.

I also felt stymied by the old Sword or air (mental) system. Swords in the heart, swords stabbing people, all kinds of violent sword images. I wanted to spread the violence and struggle of human destiny more evenly throughout the suits, so this too would flow more naturally. After all, it is possible to suffer and struggle in any of the elemental realms expressed by Tarot, whether it be mental, active, emotional, physical, or psychic. By putting images of upset energy in all the suits (using natural images such as an Earthquake for earth, a Storm for water, etc.) a lot of new spaces were made in the Air suit. I was able to introduce such images as Meditation, the Puppet (about manipulation) and Choice (about decision-making). Finally, I tried to create circular energy within each suit with numbers. One-to-ten can be seen as a cycle of energy. I made all of my tens groups of people in circles, with the message that the culmination of human experience expresses in community. For example: The Ten of Flames shows a group of people from all nations, dancing in a circle. This card is called Cooperation, and is about harmonious interaction; peace on earth. The overall result is circles within circles within circles, beginning with the individual round card, the cycles of one-to-ten, the cycles of Maiden, Mother and Crone (which represent, among other things, Birth and Life and Death), the cycle of the twenty one Spirit Cards, and all encompassed by the five-fold cycle of the

elements.

And so, voila! A tarot system that is circular, non-linear, flowing and a bit wild. Creating and working with these cards is an endless adventure . . . I find that I never stop learning from them. I hope to reproduce them soon, so that many people will be able to join in the fun. In the meantime, if you are interested in this system, there are two other decks now available, sisters to mine: Daughters of the Moon and The Book of Aradia. If you have trouble finding them, write to me, and I'll send you some information.

(Shekinah Mountainwater will receive your comments or questions about tarot c/o Psychic Life Magazine. See her ad on this page... editor)

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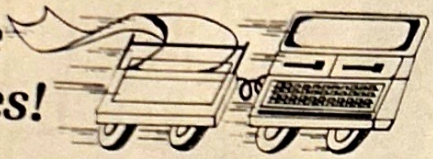

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The Art & Science of Palmistry

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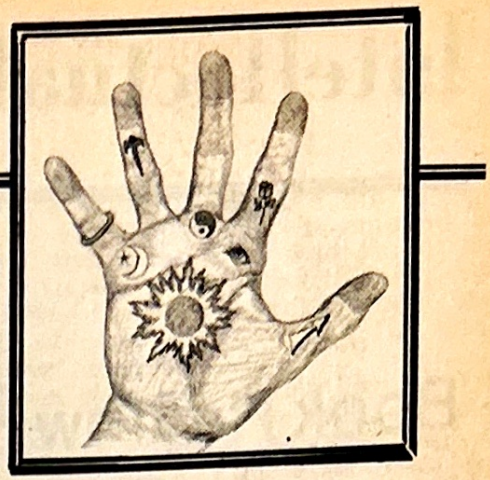


Four Classic Types
WATER

Research reveals to us that until the middle of the 16th century, palmistry occupied the serious attention of some of the most exalted minds in history. Yet it has borne a mysterious stigma for centuries even up to modern times. In Europe, during the reign of Henry VIII of England, a controversial debate arose among theologians over the translation of Job 7:37. Translated from the original Hebrew, it reads, "God placed signs and marks in the hands of all the sons of men that all men might know their works." Those in power of the Church at the time had the English version changed to say, "God sealed up the hands of men that all men may know God's works." Some versions of the Bible even suppress this line altogether. The Church began a vigorous crusade against any book or manuscript that dealt with "hidden knowledge," occultism or predestination. A law was passed that all such books be surrendered to the priesthood to be burned in public; any violator would risk being burnt alive at the stake. Many of the most valuable volumes were rescued and can be found today at the Vatican library.

When Henry VIII proclaimed himself "Father of the English Church," he passed an Act of Parliament to condemn, punish and exile anyone practicing palmistry or astrology, which he equated with witchcraft. The Witchcraft Act wasn't repealed in England until 1951.

In this article, I'd like to elucidate the qualities of the Water type hand. (See earlier issues of Psychic Life magazine for other Classic Hand types). The archetypal Water hand has a long palm with long, narrow-tipped fingers. The lines of the palm are classically full of ripples like a pebble dropped into a calm pond. Frequently, the Line of Head dives deeply into the Mount of Moon. The color of the hand is usually white or has a pearly luster. The distinctive Water fingerprint is technically called the Composite; it consists of two loops spiraling into each other.

The archetypal Water person is a deep thinker, a philosopher and psychic. Many are eccentric loners with a vivid imagination. Their most outstanding trait is perception.

Water persons are very emotional and frequently over-sensitive. They may be shattered just by the normal stimuli of everyday life and may react by severe withdrawal or strike out in anger, often dividing the world into friends and enemies. Water people have the rare and special talent to SEE into and through things. They are society's source of new ideas. They can become the best teachers, parents and political, military and religious leaders. It is by their revelations that the Fire person starts the momentum, the Air person organizes it, and the Earth person carries it out.

These are the most general characteristics of the Water person. All may not occur in one person and are often modified by other qualities or special talents. Healing oneself for the Water person begins by noticing how their emotional patterns blind them and impair their judgement. In marriage, they must see their jealousy as a flight of the imagination and that their romantic notions of love and happiness may not equate with the facts of life. Meditation is an excellent tool for the Water person.

I will talk about the Simian Line in the next issue of Psychic Life. May we all live in Peace and prosperity until then.☆

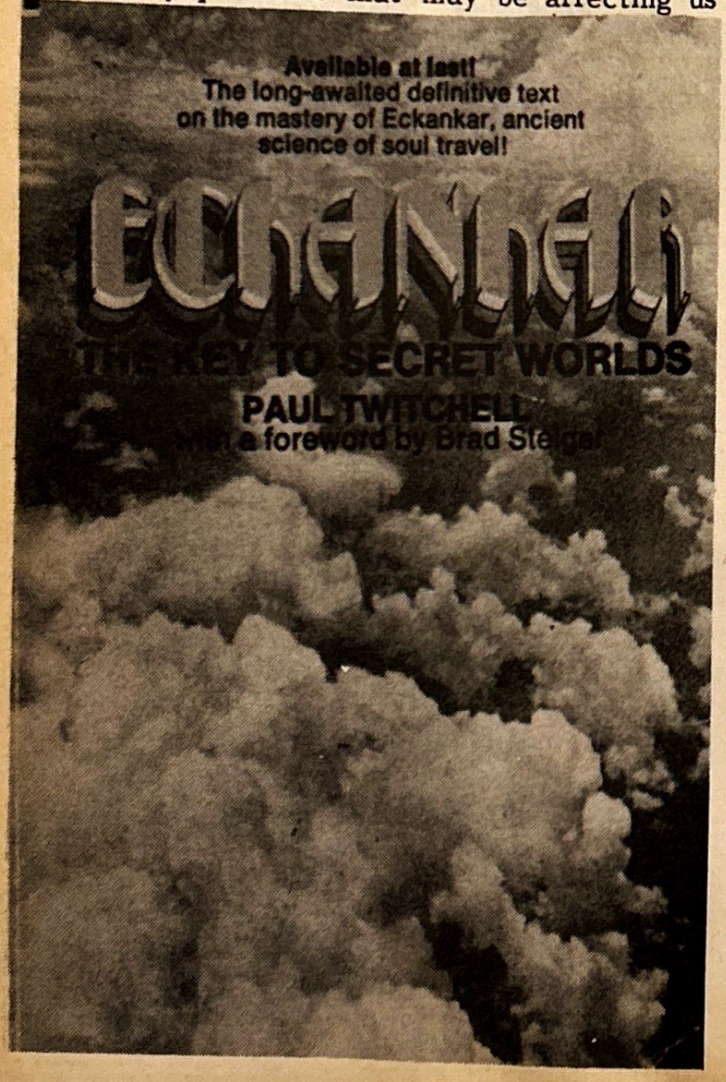
(Bodhi Rolle is a registered nurse, a practitioner of Insight Meditation, and a member of the Bay Area Palmistry Society. A regular writer for Psychic Life, we look forward to more great articles on palmistry from Bodhi... editor)

Intellectual Corner

Book Review

Paul Twitchell has authored several books on the study of Eckankar, who he defines as "co-worker with God." He believes the basic tenet of Eck is "spiritual freedom," which he defines as "liberation from the physical body." He feels that once a person has mastered techniques of leaving the body and experienced "soul travel," he is "free to come and go as he wishes," unencumbered by the constraints of physical reality.

Twitchell discusses what he calls the "time track" where we (who have bodies) are forced to reside. He states that it is not until we understand that time has a past, present, and future that we can comprehend the present moment. He makes a valid point that we all have the ability to live in the "present moment" and that we have the ability to change any problems that may be affecting us from the past. He insists that the only way to do this is by learning to travel out-of-the-body.



The author suggests that anyone who wants to do this follow a procedure of being in the center of his head, imagine a blank screen in front of him, and then imagine that he is anywhere he wants to be while allowing an "Eck Master" to guide him and protect his physical body. He apparently gives no credence to the abilities a spirit has in its own body. As for allowing an Eck Master to protect your body, that's like inviting a stranger into your house, signing over the deed, and asking him to watch it while you are on vacation.

There is a considerable amount of intellectualizing in the book regarding man's "relationship to God" and the different "planes of spiritual existence." It seems that this book attempts to convince us that spiritual freedom is an arduous task involving a tremendous amount of effort on the part of the seeker and that it can only be attained by following an Eck Master.

The author describes being in trance as "that state by which all objective life is shut out and one is in contact with the inner life, or what we know as the God consciousness." He further states that the "trance system" is nothing more than an "out-of-body projection technique for reaching God." Being in trance for me provides a protected space through which I can communicate with the Supreme Being. It is not merely an out-of-body technique, nor is it necessary to be in trance to "reach God", as Twitchell states. His truth is based on the premise that being out of the body is the only way to advance spiritually. But if we agreed to play the game on this planet by taking a body and learning how to develop our abilities in the body, what is the advantage in constantly leaving it?

As I read through the book, I found that there were many "truths" concerning the ability of spirit to communicate with the Supreme Being and to solve any problem. The main problem I personally encountered was that these truths, as I see them, were being used to try and prove the lie that spirit is only capable while out of the body.

This is, of course, only one way to play the game on this planet, and there are those who will gladly choose to give up their seniority to a spirit without a body in exchange for spiritual information. They may gain a tremendous amount of information, but it just isn't their own.

- Leigh Smith

Movie Review

Starman is a science fiction adventure movie starring Jeff Bridges and Karen Allen. It's a real psychic's movie and lots of fun. It chronicles the flight of the alien Starman, played by Bridges, and an earthly widow, portrayed by Allen, across the United States.

The movie begins by showing the spirit of the alien as a bright light that travels from its crashed ship into the recently widowed Allen's living room. Here it clones a body from the genetic material found in a lock of hair from her dead husband. A truly wonderful scene, I found many of the images of this spirit creating a body very familiar.

The relationship between Bridges and Allen begins with terror on her part, and a very incomplete set of information on how to operate on this planet on his part. Along the way she teaches him how to behave like an earthling, and he gives her a healing on her female organs and they fall in love. Oh my. Personally I think that Jeff Bridges made the sexiest alien I'd ever seen.

The U.S. government is seen as the bad guys, who want to capture and dissect the Starman after inviting him to stop by sometime for a friendly visit via the Pioneer space probe. Just the worst sort of hosts.

The Starman was a real living being to me who really wanted to communicate. I do not know if the people who made this movie were aware of the presence of this being, but as I watched the movie I saw him cord his energy into everyone in the audience. I enjoyed it at the time because the film was fun. He wanted not only to learn from earthlings, but to show us how to step back from the emotional levels of our bodies. Easy for him, he didn't have any emotions.

One of his lines goes something like - "We are far advanced, we have no war on my planet, no disease. Yet there is something so individual about you all. You are often at your best when things are at their worst." I wonder if there is another planet anywhere in the universe where spirits are allowed to be as capable, and to experience their freedom and autonomy as we are, here on Earth.

I think too, it would be interesting to talk with Jeff Bridges about his experiences playing the Starman. I watched the alien enter his body throughout much of the movie. The point at which I saw Bridges begin to come back was a scene where he experiences amusement. Perhaps amusement is another ability unique to this planet. Ha ha. I recommend this movie. If you have ever had a being come into your body or ever known someone who has that ability, take them to see the movie. You might enjoy it.

(Send your reviews of movies, books or other intellectual events to: Psychic Life, P.O.Box 552, San Rafael, CA 94901... editor)

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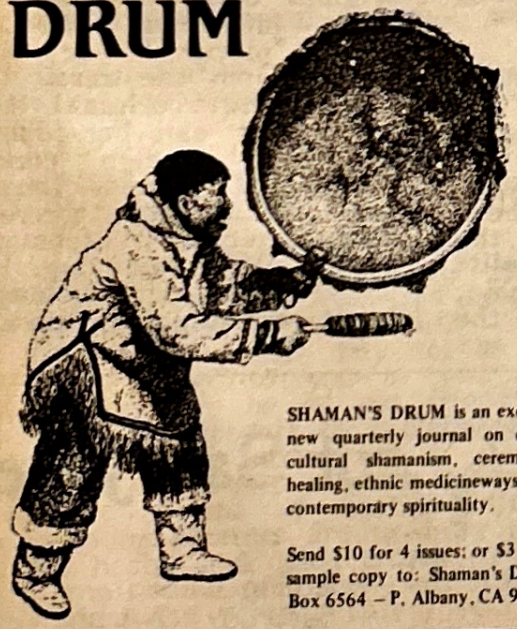

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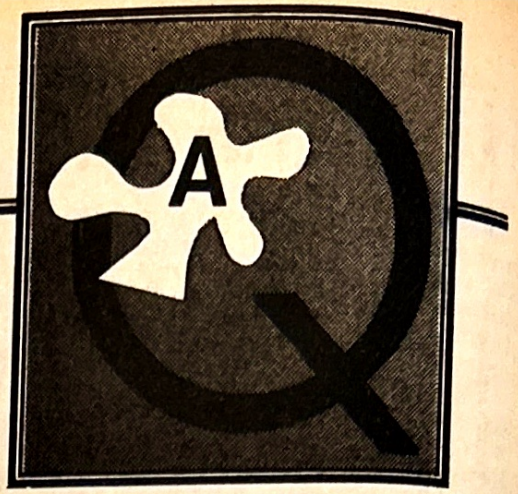
Psychic Questions & Answers

by Carol McCarthy



Q. How do sensitive people handle being around people with problems?

A. Sensitive people often take on the problems of other people and try to solve them as their own. These people also absorb the energy of the problems into their bodies. This is very hard on a body. And the problems do not get solved, because only the person who created the problem can solve it. Anger can be one way of separating from problems that belong to other people. A burst of anger can literally "blast" all of the problems and their energy away. Anger can be a good catalyst to simply change the energy, whatever it is. Amusement is an even better tool to help create a separation from problems. Amusement can even help a person separate from their own problems! Because it is difficult for someone to get stuck on something when they are not taking it seriously. When people are amused at problems, whether their own or someone else's, they can separate from the problem enough to find their own information about it. They might even choose not to solve it, but rather to move on to their next step. With a little amusement, people might see their problems as the creations and learning experiences that they are.

Q. Is it good to meditate on a certain picture of a person?

A. Meditation is a time and space when a being can get in touch with the body. One of the things that often interrupts this body/being communication is someone else's concepts in the way. By meditating on the picture of another person, it is difficult to keep that person's energy out of the meditation space. This outside energy can totally clog up the body/being communication of the person meditating. In the same way, if someone is meditating on a picture of another person, the meditator's energy is probably all over the person they are visualizing. This destroys the spiritual communication between this other person and their own body. Neither of these practices is recommended.

Q. What are planetary energy shifts all about?

A. Often sensitive people experience pressure or a great release of energy around the head when there are major changes in the planet. Astrological, political, economic, geographic, energy shifts all affect the human species. Disease, wars, earthquakes, new life saving devices, miracle healings, universal prayer days, space discoveries all have a way of combining to influence energy in positive and negative ways.

Q. What is an aura?

A. An aura is the manifestation of a spirit in a body. It is the energy field, the spiritual territory, that a spirit creates around a body. The aura helps to protect the body, as well as hold information that the spirit can use in the body. The aura is stronger, or more vibrant, when a spirit is in a body. When the spirit is gone from the body, the aura gets weak or even disappears. At these times the body can be programmed by other spirits or by any other energy that's around, like radio or TV. When the original being is gone, these other influences can leave their "pictures" or energy concepts, in the aura. Then, when the original being returns, it can be controlled by these foreign concepts. Unless, of course, the first spirit knows how to remove these pictures from the aura. By removing these pictures that don't belong, the spirit is healing the aura. ☆

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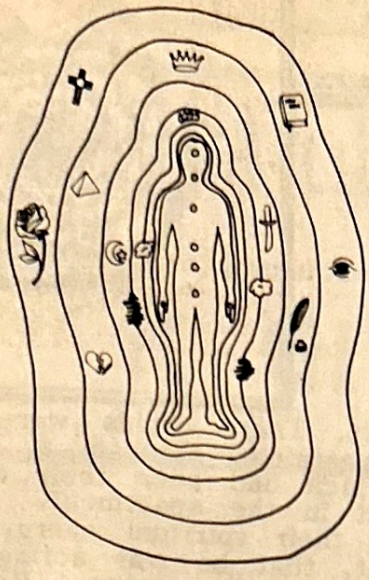

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Psychic Glossary

...words used by psychic to communicate about spirit and psychic abilities. Clairvoyants tend to use simple words that describe what they "see" spiritually.

AURA: the energy of spirit emanating from the body.

BEING: the immortal spiritual self. The spirit.

CHAKRA: Sanskrit term meaning wheel, symbolizing the seven major energy centers in the body.

CLAIRVOYANT: a person who sees light rays, energy, auras and symbols.

ENERGY LEVEL: specific vibrations of the aura that can be seen as color.

GROUNDING: releasing energy that is foreign to the body through the use of an energy cord connected from the base of the spine to the center of the planet.

GUIDE: a being that may act as teacher, healer, or helper to you in your spiritual evolvement. May be an old friend from a past life; often appears to a clairvoyant as it was in its favorite incarnation.

HEALING MASTER: a spirit guide with a tremendous amount of healing information. When Healing Masters are used by a healer, both the healer and guide profit. The healer learns how not to give away all his/her own energy and about communicating with spirit in addition to receiving new healing information.

KNOWINGNESS: intuitive information from the being to the body.

MEDITATION: communication with your spiritual self and the God of your heart.

PICTURES: mental images that appear in the aura and can be seen by a clairvoyant.

PSYCHIC: soul essence. A person who is sensitive to energy.

PSYCHIC HEALING: communication to, and acknowledgement of, you as a spirit with/in a body.

READING: the act of being in an altered state, where a psychic tunes his energy to see, and know symbols, light, and mental images.

SEEING: experiencing energy on a visual level. A clairvoyant "sees" not only the physical world more clearly, but the spiritual as well.

SPACE: as in "she invaded my space". A psychic lingo term for aura or the sensitive energy of the body.

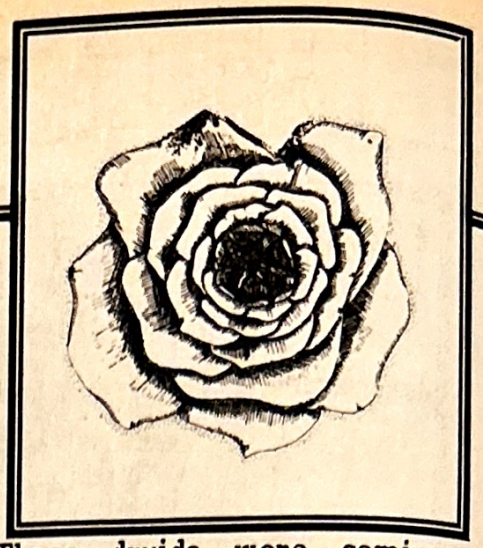
SUPREME BEING: God. Creator.

THIRD EYE: located at the center of the forehead. A type of opening and screen through which a clairvoyant views energy. also called the 6th chakra.

TRANCE MEDIUM: one who has physical and spiritual programming that allows another being to occupy the body. Often the foreign being speaks through a person (for example, Edgar Cayce).

VALIDATION: permission to have and communicate about your own certainty regarding yourself and what you are experiencing. To a psychic, validation is often communicating with others who are experiencing the same things.

Missionary Healing Report



INTRODUCTION

A trance medium is someone who allows other beings to come into their body, using it for their own purposes. So what's it like to be a trance medium in an apartment building full of "spiritual spies?" Read on and find out!

BACKGROUND

Tom, a clairvoyant, had been experiencing some disagreeable energy in his apartment. He asked the Missionary Healers to come over and give him some information about who or what it was, as well as a healing to help move some of it out. Unlike many such "house healings" the cause of this energy turned out not to be spirits without bodies, but rather Tom's own trance mediumship.

THE HEALING

Nine Missionary Healers showed up for Tom's house healing. Tom lived upstairs in an old Victorian house converted into apartments. As the healers moved through his three small rooms, they noticed the energy getting thicker towards the back bedroom. They chose the front living room to go into trance. All of the missionary healers were experiencing a controlling energy in their third chakras (an energy center in the body located near the solar plexus, which regulates a person's spiritual energy running through their own body). By simply mentioning this control energy, Tom began to talk about the women who lived downstairs, and who had previously lived upstairs in his apartment! They were practicing Druids who had had some past lives with Tom. These women were drawing on this old connection with Tom to gain access to his present time growth as a spirit. It seems that the spiritual levels they practiced as Druids still stuck very much in the past, but that Tom had broken free of the past to learn to use his spiritual abilities in a way more in tune with 1985. These druids were coming into Tom's apartment through a black cat he owned which had been their cat when they had lived in the apartment. They kept so much of their spiritual energy up in Tom's apartment, that he was acting as a trance medium for their energy. He was getting pushed so far out of his body when at home that these other spirits could come into his body and tap into the information he was learning about being spiritually capable in the present.

All of this tied into a level of growth Tom had created to learn about in this lifetime. Tom had been raised in a family of three sisters, and one of the games he really wanted to get his seniority from was the male/female game. He was learning a lot about what happens when very capable female trance mediums run their energy through a male body; it becomes very difficult for the male to stick around!

The missionary healers gave Tom a healing and gave him some communication about his own male and female energy. Feeling like a responsible male, he had been trying to solve these women's spiritual problem by healing them and giving to them as a spirit. Tom now had permission to end this game and take back his seniority over his own information.

EPILOGUE

Tom reported that the energy had been remarkably better in his apartment since the healing. He felt just having nine capable psychics in his rooms had cleaned out a lot of bad energy. Tom said he could tell the difference between his own energy and that of the other beings more clearly now, and could clean it out himself more easily. He also reported that one of the people mentioned in the reading had called him up soon afterwards to "pull on the heartstrings" and had not been very successful!! ☆

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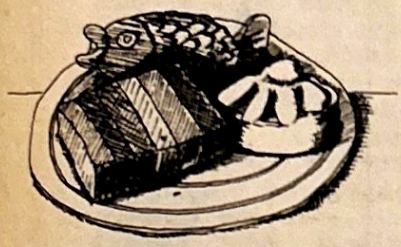

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Continued from page 11.

countries will consume their markets. The pound, the franc, and the mark will be merged into the dollar.

D) In the USA, a new political party will emerge to replace the old Democratic Party; Ted Kennedy will become the Founding Father of the new social institution. The priorities of the organization will be a direct threat to the rich ruling classes throughout the world. By year's end, unions and minorities will dominate political news with mobilization and demonstration.

E) In the USSR, new younger leadership will start a purge of western idealism in direct opposition to the pressures being applied by the democracies of the world. This reactionary program will be short-lived because the people of the USSR are striving for cooperation.

F) Ronald Reagan and George Bush will be subjected to extraordinary political pressures as scandals involving the military are revealed. Reagan may decide to resign for personal reasons before his term is out. George Bush may begin a period of extended power, but his ambitions will be cut short by the elections of 1988.

G) A great schism in the Catholic Church will split religious congregations into two conflicting camps. The Church in South America will oppose the Church in Rome as the true message of the Christian Gospel is argued among the theologians. In the process, the churches will be chased out of the political arena and many of their social privilege.

H) Philadelphia will beat Chicago in the World Series.

I) Tony Randall and Lynn Redgrave will win the Best Actor and Best Actress awards from the Academy of Motion Pictures for films created in 1986.

J) International scientific exploration of Halley's Comet will reveal that there is life in the most remote boundaries of our star system.

K) Social fashion will highlight softer, pastel colors especially blues and greens. Clothing will reflect the alluring magic of the human personality. Music will rise to a crescendo of poetic indulgence. Ballroom dancing will once again become fashionable. The great consumer fad of 1986 will be astrology.

L) The stock market will set new records on inconsistency. The first quarter will rise quickly from the recession of '85. In the second quarter, there will be a leveling off at much lower levels. The second half of the year should begin with a whimper and end with a whine. Newly designed mergers will squeeze competition out of the marketplace but there will be no relief from the monopolists until 1988.

M) Global weather is likely to be warmer than usual. The warming trend will bring an increase in rainfall especially in areas which have been hit hard with drought in the early '80's. It would be wise to plan flood management programs in these desolate areas so that the best advantages of the rain could be retained.

N) Ireland will regain possession of the northern countries and begin a major reconstruction program which will eventually bring Ireland great power in the global community. Problems in England will drive many liberals to Ireland where they will contribute to the Great Irish Renaissance.

The reasons why an astrologer makes predictons about the future are relative. I would like to assure you that my reason for creating the above scenario for 1986 is one of pure optimism. Through the years, I have found that an astrological approach to historical review is a healthy way to enhance the course of our story. It is my hope that we will be able to persist in our growth as a species on Earth without the suffering and the war. ☆

(If you have any questions you'd like to ask regarding astrology, Robert Cole will be happy to answer them for you in future columns. Please send your questions to: Robert Cole, c/o Psychic Life Magazine, Box 552, San Rafael, California 94901 ...editor)

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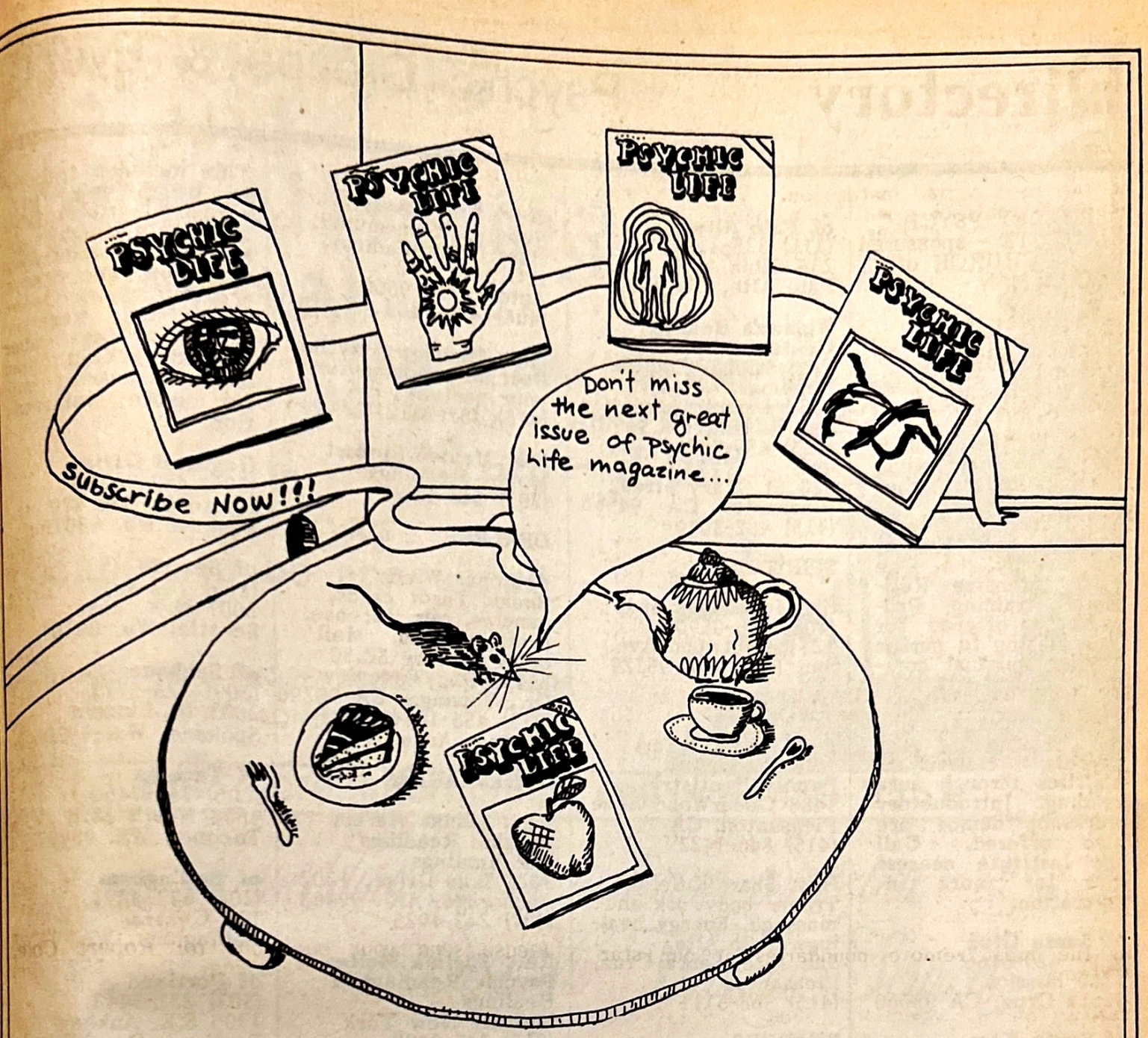

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What Color Is Your Aura Today?

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1st layer is yellowish-green - What do I need to do to heal my knee injury?
2nd layer is dark purple - You are being punished for your sexual feelings.
3rd layer is a thin tight green - You're being very definitive and persistant in doing things your way.
4th layer is clear and whitish - Not aware how to relate to yourself at this time and you want to protect yourself from others' opions.
5th layer is bright blue - I'm working and creating and I'm enjoying it.
6th layer is smokey brown - You're cleaning out your mother's programming on how you should see the world.
7th layer is dark purple - Woe is me, why did my accident happen to me?

-Excerpt from a Reading

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Spirit Photo

This familiar Hawaiian custom of saying hello and welcome is also bringing in a hello from spirit. The woman on the left is being welcomed by her sister. The woman on the right is channeling in energy from above through her hands. She is cleaning out blue-grey energy from the sides of the ears where the trance medium channels (hookups for spirit entry into the body) are. The blue-white angular rays coming into the channels appear to be an alien energy. These rays bring in information to allow for continued communication from that spirit. It appears that the woman receiving this is being anointed or baptized into this channel of communication and is experiencing a rapture. This special "rapture" feeling may be the dominant energy which is channeled to the Hawaiian Islands and its residents.

-Clairvoyant reading by Phil Prodanovic.

Do you have any spirit photos you would like to share with us? We will publish reader's photos as space permits. Please include any information available about the photo, i.e. circumstances surrounding the picture, what you saw, type of camera and film. All photos will be returned if mailed with a SASE. Mail to: Psychic Life, 1339 Lincoln Ave., San Rafael, CA 94901.

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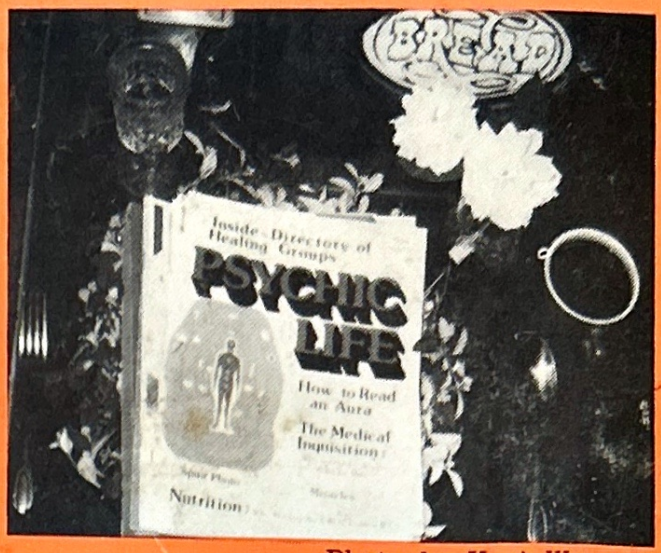

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